

Community Servings

Adopt-A-Shift Program

WHO?

Community Servings, a not-for profit organization which provides free hot meals for individuals and families living with critical illnesses. Our work has been guided by the knowledge that food is the foundation upon which the success of other treatments and therapies depend.

WHAT?

Community Servings responded to the recent increase in corporate and community volunteerism by creating an Adopt-a-shift program. Our Adopt-a-shift program offers businesses, community groups, schools and corporations the opportunity to commit to a morning, afternoon or evening shift in our kitchen. There are many options available to groups.

HOW?

By adopting a shift, a group will:

- ❖ Designate a group leader to be the main contact for Community Servings and to oversee group signup.
- ❖ Commit to the number of volunteers you'll bring in for each shift (minimum of 5 and a maximum of 15 volunteers per shift). Individuals within the group can change from shift to shift.
- ❖ Choose a shift: shifts are at least 2 hours long, between 9am and 8pm, Monday through Friday.
- ❖ Commit to adopt this shift on a weekly, biweekly, month or quarterly basis.

Community Servings will:

- ❖ Provide an orientation at the start of your first shift.
- ❖ Provide brochures and volunteer recruitment flyers to group leaders.
- ❖ Train and assist as necessary with volunteer duties which include preparing and packaging salads and desserts, slicing, peeling and prepping for the following day's meal and assisting drivers with meals delivery

WHY?

Because Community Servings would not be able to provide over 750 meals per day to clients without the help of groups who generously donate their time. We offer clients not only a hot meal, but also comfort, vital contact, and the message that someone cares. Most importantly, we supply the calories needed by individuals and families struggling with life threatening illnesses to maintain the weight, strength and motivation to continue their battle.

**It takes over 2,000 volunteer hours per month to make and deliver our clients' meals!!
Your group's contribution really counts!**

Please call Malissa at Community Servings (617) 445-7777 with any questions or to arrange an orientation session for your group.