



**FOR IMMEDIATE RELEASE**

**Media Contact:**

Ryan Levasseur, Director of Communications, Community Servings

Phone: 617-522-7777; Email: [rlevasseur@servings.org](mailto:rlevasseur@servings.org)

## **Community Servings Receives Three-Year, \$185,000 Grant from the philanthropic arm of Harvard Pilgrim Health Care and Tufts Health Plan, Point32Health Foundation**

*Funding will support the AMPL Institute, where excellence in providing medically tailored nutrition meets pioneering research, policy work, and provider education.*

**BOSTON (August 19, 2025)** – Community Servings, a nonprofit provider of medically tailored meals and nutrition services—and a leader in Food is Medicine research, advocacy, and policy—today announced it has received a \$185,000 general operating grant from the Point32Health Foundation. The three-year investment supports community-led approaches to improve conditions for older adults and help build thriving communities for all ages.

“Point32Health Foundation’s three-year investment in the AMPL Institute is transformative,” said David B. Waters, Chief Executive Officer at Community Servings. “This funding allows us to deepen our work at the intersection of nutrition and healthcare by advancing policy, research, and education that will make medically tailored nutrition an integral part of patient care. With this support, the AMPL Institute is better positioned to advance Food is Medicine and, ultimately, improve health outcomes for all through, person-centered healthcare that is focused on prevention.”

This grant is one of 39 new investments totaling \$6,845,000 from Point32Health Foundation, the philanthropic arm of Point32Health and its family of companies, including Harvard Pilgrim Health Care, Tufts Health Plan, and CarePartners of Connecticut. It reflects the Foundation’s broader strategy to support organizations that are collaborative, deeply connected to the communities they serve, and authentically committed to advancing health equity

“Point32Health is committed to making the communities where we live and work great places to grow up and grow old,” said Kristin Lewis, president of the Point32Health Foundation and



executive vice president of Point32Health. “These grants will advance community-led solutions and create environments where we can all thrive as we age.”

### **About Community Servings**

Founded in 1990, Community Servings’ mission is to actively engage the community to provide medically tailored, nutritious, scratch-made meals to chronically and critically ill individuals and their families. We commit, in all our programs and business practices, to prioritize racial and economic justice and health equity. To help clients maintain their health and dignity, we provide culturally appropriate meals, nutrition education and counseling, and other community programs. Our kitchen team, with support from thousands of volunteers, prepares over 1.25 million medically tailored meals that are served to more than 7,000 clients annually. Community Servings is accredited by the [Food is Medicine Coalition](#). For more information about programs and opportunities to volunteer or donate, please visit [www.servings.org](http://www.servings.org).

### **About Point32Health Foundation**

Building on values of service and giving, [Point32Health Foundation](#) works with communities to support, advocate and advance healthier lives for everyone. Point32Health Foundation is the result of the combination of Harvard Pilgrim Health Care Foundation and Tufts Health Plan Foundation and supports communities in Connecticut, Maine, Massachusetts, New Hampshire and Rhode Island.

#