Community Servings Home Delivered Meals Program

Application Checklist

Community Servings provides free home delivered meals to clients at a critical stage of a life-threatening illness. A weekly bag of meals typically contains 5 entrees, 4 salads, 4 soups, yogurt, fresh fruit, desserts and a quart of milk. To determine your eligibility, please provide the following documentation:

☐ Certification Form – Please have your doctor, nurse practitioner, or other healthcare professional

complete the Certification Form and provide a copy of your most recent laboratory results (preferably from
within the past 6 months), medical note from a recent visit, and a list of current medications.
*Fax to Client Services at 617-522-7770
☐ Recent Lab Results
 For applicants with <u>HIV/AIDS</u>, include <u>CD4 and Viral Load lab results</u>
 For applicants with <u>Diabetes</u>, include <u>A1C lab results</u>
☐ Current Medications List
☐ Copy of recent Medical Note with Problem List
Intake Packet – Please complete in full, sign and date.
Client Agreement – Read the Client Guidelines, sign and date the Client Agreement page.
Client Authorization for Release of Information – Please complete in full, sign and date.
Six Month Eligibility Form (ONLY For applicants with HIV/AIDS or Mono-Infected Hepatitis C) Submit a completed Six Month Eligibility Form that shows proof of Income, Residency and Insurance status that is signed by both you and your Case Manager. No supporting documentation is needed.

Please note that only completed applications will be considered for review.

Additional Information

- 1. <u>Reviewing Eligibility</u>: Once we have received the above documentation, your file will be reviewed for eligibility. If accepted, you will be asked to recertify once a year to continue your meal service.
- 2. <u>Starting Services</u> If you are eligible to receive meals, a Client Service Coordinator will contact you regarding a service start date. A <u>Meal Service Plan</u> (MSP) summarizing your delivery and diet details will be sent with your first delivery. The MSP will need to be signed and returned within the first two weeks of your service if requested.
- 3. <u>Delivery</u> Deliveries are made one day per week. Your delivery day is determined by Community Servings based on geography. Exact delivery times may vary but someone must be home to receive your meals. <u>Delivery hours are: Monday- Friday 9:00am-6:00pm and Saturday 9:00am-2:00pm.</u> For food safety, meals must be accepted by an individual and will not be left unattended. You may arrange to pick up your meals at our office location. Contact a Client Services Coordinator with any questions.
- 4. <u>Nutrition Inquiries</u> If you need to change the type of meal received or if you have nutritional questions, please call our Nutrition Department staff at 617-522-7777.

Please Contact Client Services with any questions at 617-522-7777!

Carolyn Smith Client Services Manager Sarah Montgomery Client Services Coordinator

Nate Ross Client Services Coordinator

Please Return Materials to:

Client Services 18 Marbury Terrace Jamaica Plain, MA 02130 FAX: 617-522-7770

Revised: March 2017

Community Servings Certification Form

Client Name	Signature	Date
Healthcare Provider Section:		
applicant/client noted above, please of	complete this form with all relevant informa	of a life-threatening illness. On behalf of the ation. The certification form, laboratory result hank you for your help in serving our clients!
□ C □ R □ C	ompleted Certification Form ecent laboratory results (within past 6 modurrent medication list ecent medical note with Problem List	nths)
Applicant/Client: Height:	ftin. Weight:	
□ End of life care (no labs re □ Severe Diarrhea □ Sev □ Oral or esophageal lesions □ Peripheral neuropathy sign □ Anemia □ Other con □ Wasting (unintentional we) □ An opportunistic infection □ Dementia □ Ments	Viral Load Required) (Required) (Renal District Provide medical note.) (Other – For ATED TO ILLNESS: (Patient exhibited equired) (ATED TO ILLNESS: (Characteristic Provide medical note.) (Characteristic Provide medical note.) (Characteristic Provide medical note.) (Characteristic Provide notes of the provide medical note.)	Pressure Ulcer – Stage:on of breath: ont) Please describe:
C. MOBILITY: Factors that would in Bed bound Can't stand for more that time Can't walk more than 50 My signature certifies the medical in	n 15 minutes at one Who Oth feet at one time	diet & independent lifestyle. I't carry a weight of more than 15 lbs eelchair eer
Physician/NP/PA Signature	Clinic or Hospital Affiliation	Date
Print or Stamp Name	Telephone Number	Fax Number

Community Servings Client Intake Form

Client Information			
First Name:	_ Middle Ini	tial:	Last Name:
Date of Birth:/	Gender:	□ Male □ Fe	male □ Transgender →□ Male to Female □ Female to Male
Address:			
City:	State:		Zip Code:
Primary Phone:		Alternate Co	ontact (Name and Number):
Other Phone:			
Email:			
Demographics			
Primary Language: □ English □ Spa	nish □ Other ((please specify))
Race: □ African American/Black □ A □ White/Caucasian □ Other (please sp			skan Native □ Native Hawaiian/Pacific Islande -
Hispanic or Latino/a: □ Hispanic or	: Latino/a 🗆 <u>N</u>	lot Hispanic o	r Latino/a □ Unknown/Unreported
Hispanic Subgroup: □ Mexican, Mex Latino/a or Spanish origin	kican American	n, Chicano/a [□ Puerto Rican □ Cuban □ Another Hispanic
Asian Subgroup: □ Asian Indian □ 0	Chinese □ Fili _!	pino □ Japan	ese □ Korean □ Vietnamese □ Other Asian
Native Hawaiian/Pacific Islander S ☐ Other Pacific Islander	Subgroup: 🗆 N	Native Hawaiia	an □ Guamanian or Chamorro □ Samoan
Country of Birth: □ USA □ US Depe	ndencies, inclu	iding Puerto R	ico 🗆 Other
Housing and Income Information			
Housing (you must choose one):		_ 7	
□ Permanent Housing		□ Incard	
☐ Transitional Housing			orarily Living with a Friend/Family Member
□ Emergency Shelter□ Substance Abuse Treatment Center			c (please specify)own/ Unreported
☐ Psychiatric Facility	-		own/ Omeported
I have access to: □ Refrigerator □ Sto	ove 🗆 Microwa	ave □ Oven □	Freezer None Other:
Do you have someone to help you? □ No Help □ Other (please specify) _	_	rse □ Home H	lealth Aide □ Family Member/Friend
Income Source			
Monthly Income			

Personal Identification					
Mother's First Name:					
Last four digits of Client's Social Security Number: _					
Insurance Information					
Health Insurance Provider:					
Insurance Type (check all that apply):					
□ MassHealth (Medicaid)	□ Other Public Insurance				
☐ Medicare ☐ ConnectorCare	☐ Private Insurance → ☐ Individual Plan ☐ Employer Plan Specify Plan:				
□ VA, Tricare, or Other Military Health Care	□ No Insurance				
□ Health Safety Net	□ Other (specify)				
☐ Are you a CCA (Commonwealth Care Alliance) O Plan) Neighborhood Care Circles member? If so plea	One Care or SCO member OR a NHP (Neighborhood Health ase call 617-522-7777 to speak to Client Services.				
Emergency Contact Information					
Emergency Contact Name:	Relationship:				
Address:					
Primary Phone:O	Primary Phone: Other Phone:				
Is the emergency contact aware of client's status	s or illness?				
Referral Information					
Referral Source: □ Self □ Case Management □ Sub □ Health Center □ Doctor, Nurse or Dietitian □ Diet					
Referral Name:	Title:				
Referral Agency:					
Phone: Email Addr	ress:				
Support Systems (if different from referral source	e)				
Name of Primary Care Physician:	Phone:				
Agency/ Clinic:	FAX:				
Name of Social Worker/ Case Manager:	Phone:				
Agency:	Email:				
Medical Information					
If AIDS or HIV+, please indicate exposure categ	gory (check all that apply): □ Men who have sex with men				
(MSM) \square Women who have sex with women (WSW	') □ Heterosexual contact □ Injection drug use □ Perinatal				
transmission \square Hemophilia \square Through blood, blood					
If AIDS or HIV+: each week, how often do you take all doses of your HIV-related medications?					
Rarely (>4 doses missed) □ Sometimes (3-4 doses missed) □ Frequently (1-2 doses missed) □ Always (no doses missed)					

Mental Health: Are y	ou experiencing? □ Ar	ngry Outbursts 🗆 Anxi	ety 🗆 Poor 🛚	Memory □ I	nsomnia	ι 🗆	
Nervousness □ Poor a							
=	ed or are you currently	_	_	_	_		
□ Drug/Alcohol Addi	ction (In recovery for ho	w long?) [Other:			
Hospitalizations in t	he Past Year:						
Date		Reason		Med	lical Cen	iter	
M. C. 1 E. II.	пр. 1 С1 1			'11 ¬¬ N	т		
•	□ Regular Check-ups		,				
□ Otilei.	Standing appoin	unents (what days!)					
Nutrition & Diet Info	ormation						
Current Weight:		Height:					
Questions					YES	S N	0
Do you have any foo							
If yes, please list	each allergy and the ty	pe of reaction you hav	ve below:				
	onally lost weight in the	past 6 months?					
If yes, how muc	ch?						
Have you unintenti	onally gained weight in	the past 6 months?			+		
If yes, how much		1					
1	nanged in the last 6 mont	hs?					
If yes, describe:							
Do you have any pro	oblems chewing?						
If yes, describe:							
Do you have any number	ablama arrallarrina)				+		
Do you have any pro If yes, describe:	oblems swamowing.						
in yes, desember							
Do you have nausea	0						
If yes, how often	and for how long?						
Do you have diarrhe	-a?						
	and for how long?						
	_						
Do you drink Boost	or Ensure?						
What are the impact	es of side effects from you	ur medications? □ Sev	ere 🗆 Mode	erate 🗆 Mini	mal □ N	lo side	
effects	•						
Describe side effe	ects, if any:						
Please write any other	nutrition or food concer	ns here:					

Our nutrition staff may contact you to	review your	responses with you.		
Type of Diet: Please choose up to three	ee (3) selection	ons.		
 □ Wellness – general healthy diet □ Diabetic □ Cardiac □ Low Fiber □ Low Vitamin K 	☐ Renal ☐ Mild – lo ☐ Soft ☐ No Nuts ☐ No Red I		□ No Eggs □ No Fish/Sh □ Vegetarian - fish/shellfish □ High Calorio □ Children's N	– no meat, chicken or e/Protein
Milk: □ Skim/nonfat □ 1% □ 2% □	Lactaid			
☐ I would like to be contacted by nutr	rition staff to	discuss my diet sele	ction or other nutrition	n concerns.
Please Note: We are not a food allerge eggs. We are unable to accommodate go not listed above. We do not use pork properties of the proper	luten-free res roducts in an	strictions, wheat and my of our meals.	l soy intolerances or an	ny other restrictions
Relationship Diet selection (se	ee above)	Race	Gender	Date of Birth
Relationship Diet selection (si	cc above)	Nacc	Gender	Date of Birtin
Delivery Instructions				
Please provide any relevant delivery such as dialysis):	information	n (e.g., gates, buzz	ers, codes, or standi	ng appointments
Person completing the intake:				
Client's signature:			Date:	

Client Guidelines

Client Responsibilities, Rights and Grievance Procedure

What is Community Servings?

Community Servings' mission is to provide free home-based nutritional support to persons living with life threatening illness, without regard for race, religion, gender, national origin, or sexual orientation. We are dedicated to providing these services with care and compassion, in such a way as to promote dignity and self-sufficiency. Eligibility for services is based on a *certification form*, which establishes the client's acute life-threatening illness and assesses a client's need according to health and mobility implications.

What are my responsibilities as a client?

To assure efficient, high quality service, delivery clients are responsible for the following:

- Paperwork: Complete all necessary paperwork as requested in order to receive meals.
- Contact Information: Notify Client Services of any address or telephone number changes.
- **Delivery Schedule:** Deliveries are made once a week on a prescribed day. Exact delivery times may vary but someone must be home on the day of your delivery to receive your meals. Delivery hours are: Monday Friday between 9:00am-6:00pm and Saturday 9:00 am-2:00 pm (unless other delivery arrangements were made). If you have not received your meals by 5pm, please leave a message with Client Services at 617-522-7777
- **Recertification:** Once a year, or as needed, you will be asked to resubmit all paperwork and have your health care provider fax in a yearly *certification form* which states a client's medical and mobility status. Updates to some paperwork is required on a six month basis.
- Cancellation: Clients must call our Client Services department 24 hours in advance and no later than 8:00 am on the day of delivery to cancel meals. If you will be unavailable for an extended period of time (such as a vacation or hospitalization) you may put your meals on hold and call Client Services to resume deliveries.

What are my rights as a client?

Community Servings shall honor the rights of each person receiving services. You have the right:

- To be treated with dignity and respect.
- To be informed of policies and procedures concerning clients.
- To have every reasonable effort made to accommodate special dietary needs and restrictions.
- To confidentiality and to have that right protected by staff, volunteers and all others associated with the agency.
- To be informed of the Grievance Procedure.
- To provide input, suggest changes, offer criticisms and comments.
- To receive interpreter services at no cost.

What is the Grievance Procedure?

If a client believes that they have been treated unfairly by Community Servings:

- Client should seek to resolve any disagreement or dispute with the person involved, whether volunteer, staff, or others associated with the agency.
- If this does not resolve the situation within 3 business days, the client should ask to speak with the Client Services Manager. The Client Services Manager will make all attempts to resolve the situation and inform the client of the results.
- If the above fails, the client may call the Director of Client and Volunteer Services. The Director of Client
 and Volunteer Services will gather and analyze all facts and both parties will be interviewed. The client will
 be informed of the results.
- Community Servings may refer the client to a third-party mediator for negotiation, if needed.

Client Guidelines

Missed Meal Delivery Policy

What happens if I miss a delivery?

We expect someone to be at your delivery address to accept the meals on your scheduled delivery day. An **unexcused missed delivery** is when we attempt to deliver your meals on your regularly scheduled day and no one is home to receive it. For food safety these meals must be thrown away; to avoid waste please call ahead to cancel your delivery. **We will not reschedule or redeliver an unexcused missed delivery**.

If you will not be home during your regular delivery time, you must call our **Client Services department at 617-522-7777** at least <u>24 hours in advance</u> and no later than 8:00 am on the day of delivery. Please leave a message on voice mail and we will return your call as soon as possible.

Consistently failing to inform Client Services that you will not be home to receive your meals will result in your meals being stopped. Your service will be stopped after 3 consecutive missed deliveries

<u>Clients who pick up meals at Community Servings</u> – You are expected to pick up your meals on your scheduled day. Failure to pick up your weekly meals without notice will be considered a missed delivery. Your meals will be stopped after 3 consecutive missed pickups

Client Acknowledgements

It is agreed that as a client of Community Servings:

- I authorize Community Servings to obtain information regarding my medical status from my healthcare practitioners and case managers.
- I understand that information collected about me is used solely to provide me with proper nutrition and meals. This information will not be disclosed to any sources without my prior written consent.
- I assume full responsibility for informing Community Servings of dietary restrictions, requirements and changes.
- I agree to recertify once a year by submitting a new application.
- I understand that I must let Community Servings know as soon as possible of any changes in medical status, nutritional needs, address or telephone number.
- I understand that I must review a Meal Service Plan. This document summarizes delivery and diet details. I understand that I must sign and return the Meal Service Plan to Community Servings on a six month basis if requested.
- I understand that for food safety, meals must be accepted by an individual and will not be left unattended.
- I understand that the delivered meals and supplements are for my consumption and may not be sold.
- I understand that Community Servings will not serve anyone at a location where staff or volunteers may be endangered. This includes physical, verbal or substance abuse by a client or anyone in the client's household or building, or for any other reason determined by Community Servings. Failure to abide by this guideline can result in the suspension of meal deliveries for up to 90 days, or the cancellation of clients' meal delivery service.

Client Agreement

- I have read and agree with the Client Responsibilities, Rights and Grievance Procedure.
- I have read and accept the Missed Meal Delivery Policy.
- I have read and agree with the Client Acknowledgements.
- I understand this authorization will have duration of *one* year from the date of my signature.
- I understand all Community Servings guidelines and have received a client copy of this document.

Client's Signature	Date	

To be completed by HIV/AIDS and Hep C applicants only

_____, authorize the staff of Community Servings to allow the Ryan White Part A or Massachusetts Department of Public Health Grantee or their designee access to and review of my client record. The purposes of review are for monitoring only. The review may include information such as name, HIV status and related diagnosis, substance abuse treatment, medical care and treatment, financial circumstances, living arrangements, and other information as requested. I understand that the review will be visual only and that no records will be copied and no information identifying me will be recorded.

The authorization for release of information is for visual review only and in no way authorizes the Ryan White Part A or Massachusetts Department of Health Grantee or their designee the right to remove information or collect personal identifiers, except in cases of suspected fraud or other criminal wrongdoing.

The authorization does not disclose any information of a personal and confidential nature to any employee or volunteer who is not authorized with my consent.

This authorization will have a duration of *one year* from the date signed below. I understand I am not required by law to consent to release this information, but choose to do so willingly and voluntarily. I understand I may revoke consent at any time except to the extent action has been taken in reliance of my consent.

Client's Signature	Date	

Client Authorization for Release of Information

(-	<u> </u>	and addresses of the agencies/persons that we	<u> </u>
	Name of Contact	Name of Agency & Address	Telephone
1.	My Primary Care Physician		
2.	My Medical Case Manager or Social Worker		
	My Caretaker		
3.			
4.	Additional contact (if necessary)		
5.	Additional contact (if necessary)		
	erstand and agree that Community blogical, financial and legal circumstanc	y Servings may disclose information abo	ut my physical, medica
ights	to privacy and confidentiality. I under	nat Community Servings will use due care at a estand that I may revoke this authorization in lready disclosed information based on this ag	writing at any time except
	1 27 11 1 . 1	elease form will be good for one year from the	

Six Month Eligibility Recertification Summary

Form only to be completed for applicants with HIV/AIDS or Mono-Infected Hepatitis C

The purpose of this form is to document the ongoing components of eligibility: financial, residential and insurance coverage for individuals receiving Ryan White Part A services. This form can be shared among service providers to verify, income, residency and health insurance coverage if the client has signed and dated a release of information document. *This form is valid for 6 months after screening date.*

Agency Name:				
Agency Address:				
Agency Phone Number:				
Client Name:				Client Code:
Screening Date:		Expiration	date (six	x month after screening):
		Fina	ncial	
Client Annual Income			% of Fe	ederal Poverty Level
o Pay Stubs (2 mos	t recent)		0	Veterans' Benefits
 Social Security (S. 	SDI/SSI) Letter		0	Medical Case Manager Letter
 Private Disability 	Statement		0	Other:
 Department of Tree 	ansitional Assis	tance		
(TANF/EAEDC)Le ⁻	ter			
		Resid	lency	
 Pay Stub 			0	Bank Statement
 Government Issu 	ed Check		0	Real Estate Tax Bill
 Government Cor 	espondence		0	Current Residential Lease
 Valid Driver's Lice 	ense/MA ID		0	Medical Case Manager Letter including
 Utility Bill 				town and zip code
			0	Other
		Insur		
 HDAP Approval L 				ited Print out from Exchange
 Letter from Insur 	_			ass Health Approval Letter
 Premium Statem 	ent		o Ot	her:

Signatures	
Client:	Date:
Agency Staff:	Date:
Title:	