

Community Servings provides home-delivered medically tailored meals and nutrition services to individuals and families across Massachusetts and Rhode Island experiencing critical and chronic illnesses like cancer, diabetes, HIV/AIDS, kidney disease, and more. Every meal we serve is scratch-made in our kitchen and sends a message of hope.

To learn more about Community Servings' mission or donate, visit servings.org.

Local artist **Susy Pilgrim Waters** donated the illustration for this year's **Meals4Moms** card. Visit pilgrimwaters.com to see her work. [Goldstarstudios.com](https://goldstarstudios.com) graciously donated the graphic design of the card. [Franklin Printing](https://franklinprinting.com) donated the printing.



179 Amory Street, Jamaica Plain, MA 02130 | 617-522-7777
servings.org



You are receiving this locally designed greeting card because a \$35 donation to Community Servings was made in your name, providing a week's worth of scratch-made meals to an individual in Massachusetts impacted by a critical or chronic illness.

This year, Community Servings will prepare and deliver 1.2 million medically tailored meals to more than six thousand neighbors, many of whom are food and nutrition insecure and unable to shop and cook for themselves and their families.