



Date: _____

Covid Response: Medically-Tailored Home Delivered Meals Referral Form

This is the referral form for the 3-month meal program for people who are COVID positive or presumed positive, at high-risk for COVID-19, or are post-discharge due to COVID-19. Please complete form and submit via instructions below.

Member Information

First and Last Name

Date of Birth

Address (Include Apartment Number)

City

State

Zip Code

Primary Phone Number

Primary Language

Delivery Directions (for example: call cell phone upon arrival, doorbell is out of service)

DIAGNOSIS (check all that apply)

- COVID-19 newly diagnosed positive or presumed positive
- High risk for COVID-19
- COVID-19 post-discharge
- CKD (stage): _____
- Diabetes **HgbA1c:** _____ (if available)
 - Type II
 - Type I

TYPE OF DIET (Note: Some meal combinations may not be possible.)

Choose 1:

AND

Choose up to 2 if needed:

- Wellness – general healthy diet
- Diabetic
- Cardiac
- Renal – kidney and diabetic friendly
- Children’s wellness
- Vegetarian – no meat, chicken or fish
- Pescetarian – no meat or chicken (fish included)
- Mild – low in spice and acid
- Soft
- Low fiber
- Low lactose
- High calorie/protein
- No nuts
- No red meat
- No fish

Milk: Skim/nonfat 1% 2% Skim Lactaid

Food Allergies: _____

PERSONS IN HOUSEHOLD *In addition to the primary client, Community Servings will provide meals to a caregiver and any children under the age of 18 in the household.*

Relationship	Diet Selection (see above)	Race	Gender	Date of Birth

FOOD STORAGE AND COOKING RESOURCES *(check all that apply)*

Meals recipient will have access to:

- | | |
|---------------------------------------|----------------------------------|
| <input type="checkbox"/> Refrigerator | <input type="checkbox"/> Oven |
| <input type="checkbox"/> Stove | <input type="checkbox"/> Freezer |
| <input type="checkbox"/> Microwave | <input type="checkbox"/> None |

ADDITIONAL INFORMATION

Housing

- Permanent Housing
- Transitional Housing
- Emergency Shelter
- Temporarily living w/ friend/family
- Other (please specify: _____)

Gender

- Female
- Male
- Transgender, Female to Male
- Transgender, Male to Female
- Other, Not Disclosed

Race/Ethnicity

- African American
- Asian
- American Indian or Alaska Native
- Hispanic or Latino/a
- Native Hawaiian or Pacific Islander
- White
- Other

REFERRAL CONTACT INFORMATION *(person completing this form)*

Name _____ Title _____

Phone Number _____ Email _____

May we contact you regarding any issues that may arise concerning this client? YES NO

I certify that the information here is accurate, that I have spoken with this patient and that they have agreed to be contacted by and receive services from Community Servings. YES NO

Signature and Date _____

Please submit completed referral form to secure fax: 617.522.7770

Questions? Call 617-522-7777 to speak with a member of the Client Services team.