



FOR IMMEDIATE RELEASE

Media Contact:

Greg Turner, Ball Consulting Group, LLC
Phone: 617-243-9950; Email: greg@ballcg.com

Community Servings Grows Food & Health Policy Program With Grant Support From Alletess Medical Laboratory

BOSTON – [Community Servings](#), a nonprofit provider of medically tailored meals and nutrition services and a leader in “food is medicine” research, advocacy, and policy, today announced an expansion of its Food & Health Policy Program resulting from a grant from Alletess Medical Laboratory.

The Rockland-based company recently contributed \$75,000 in funding that has supported staff positions dedicated to policy work, coaching and technical assistance as part of the Food is Medicine Coalition’s Accelerator, and the advancement of research and policy initiatives at the state and federal levels.

“Alletess Medical Laboratory is an important new partner to our organization and we are grateful for their generous contribution,” said David B. Waters, CEO of Community Servings. “Our Food & Health Policy team is hard at work on ways to expand access to medically tailored meals, not only in Massachusetts but nationwide, and to accelerate the adoption of this life-saving intervention more broadly in health care.”

Alletess Medical Laboratory has been a leader in the field of allergy and immunology testing since 1980. The company has also supported Community Servings by sending groups of volunteers to help the kitchen team prepare meals that are delivered to chronically and critically ill people throughout Massachusetts.

“Community Servings’ mission and expertise aligns with our organizational values and mission,” said Alletess CEO Veronica Kent. “Alletess is a pioneer in food allergy and sensitivity testing, while Community Servings is at the forefront of using food science to design medically tailored meals for those with specific medical needs. We both champion the belief that food is medicine.”

Community Servings currently produces 80,000 medically tailored meals per month, a 100% increase over the pre-pandemic amount. The Food & Health Policy Program focuses on increasing access to the medically tailored meal intervention and strengthening the evidence linking the meals to improved health outcomes and cost savings, as the foundation for advancing health care policies allowing for reimbursement of medically tailored meals.

About Community Servings

Founded in 1990, Community Servings' mission is to actively engage the community to provide medically tailored, nutritious, scratch-made meals to chronically and critically ill individuals and their families. We commit, in all our programs and business practices, to prioritize racial and economic justice and health equity. To help clients maintain their health and dignity, we provide culturally appropriate meals, nutrition education and counseling, and other community programs. Our kitchen team, with support from thousands of volunteers, prepares over 875,000 medically tailored meals that are served to more than 4,000 clients annually. For more information about programs and opportunities to volunteer or donate, please visit www.servings.org.

###