

# ANNUAL REPORT

JULY 1, 2023 - JUNE 30, 2024







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**Our mission** is to actively engage the community to provide medically tailored, nutritious, scratch-made meals to chronically and critically ill individuals and their families. We commit, in all our programs and business practices, to prioritize racial and economic justice and health equity.

We envision a world in which everyone has access to the nutritious food they need for health and wellbeing as a fundamental right, and actively engage healthcare and policy leaders to advocate for the integration of medically tailored meals into the public and private healthcare models and systems.

Since our founding in 1990, we have provided more than 13 million medically tailored meals (MTMs) to our clients across Massachusetts and Rhode Island who are living with severe critical and chronic illnesses such as HIV, cancer, diabetes, and kidney disease.



# LETTER FROM CEO, DAVID B. WATERS



## Dear Friends,

Reflecting on the past year, I feel immense pride and gratitude for our remarkable growth and progress at Community Servings. Our work, driven by the rising demand for medically tailored meals, has seen us push the boundaries of what's possible in providing nutrition to those who need it most.

This year, we celebrated significant milestones that reflect our commitment to our mission. In the spring, we served our 13 millionth meal—a testament to our team and volunteers' dedication and hard work. We also opened a new distribution center in Mansfield, Massachusetts, a crucial hub that now serves 1,000 clients weekly. Over the last 12 months, we've prepared and delivered over 1.2 million scratch-made meals to 6,866 neighbors across Massachusetts and Rhode Island. These numbers speak to our impact, but behind each meal is a story of hope, health, and community.

In addition to expanding our meal delivery services, we've launched and enhanced key programs to better serve our clients. Our new Pregnancy Health program provides vital nutrition to expecting individuals, ensuring they have the support they need for a healthy pregnancy and their babies' development. We've also significantly improved our pediatric meals program, tailoring our meals to meet the specific nutritional needs of children with various health conditions.

This year also marked the launch of the Food is Medicine for Central Massachusetts project, an initiative we lead in partnership with The Health Foundation of Central Massachusetts. This project aims to strengthen and support regional Food is Medicine providers while expanding access to our home-delivered medically tailored nutrition services across the region.

Our work has not gone unnoticed. The Boston Globe recently featured Community Servings, highlighting how our efforts, which began in response to the AIDS crisis, continue to impact healthcare today. We and our partners are also thrilled about the recent advancement of the Medically Tailored Home-Delivered Meals Demonstration Pilot Act in Congress. The bill's progress out of the Ways and Means Committee earlier this year signals a promising future for our field and the broader impact of our work.

While we are proud of these accomplishments, the growing need in our community reminds us that there is still much work to do. We remain committed to expanding our services, advocating for the role of nutrition in healthcare, and reaching even more neighbors.

Thank you for standing with us as we continue this journey.

A handwritten signature in black ink that reads "David B. Waters".

David B. Waters, CEO

# EXPANDING OUR REACH

## THE MANSFIELD SATELLITE DISTRIBUTION CENTER

In March, we proudly cut the ribbon on a new satellite distribution center in Mansfield, Massachusetts. This 23,000-square-foot facility is fully equipped for meal packaging and delivery, serving individuals and families impacted by critical and chronic illnesses across the region.

This new facility enables Community Servings to better serve clients in southeastern Massachusetts, Cape Cod, and Rhode Island—our fastest-growing service areas. Presently, the Mansfield facility efficiently distributes weekly meal deliveries to 1,000 clients, with each delivery including 10 nutritious meals, snacks, and diet-appropriate desserts.

For more information about volunteering, visit [servings.org/mansfield-volunteering](https://servings.org/mansfield-volunteering).

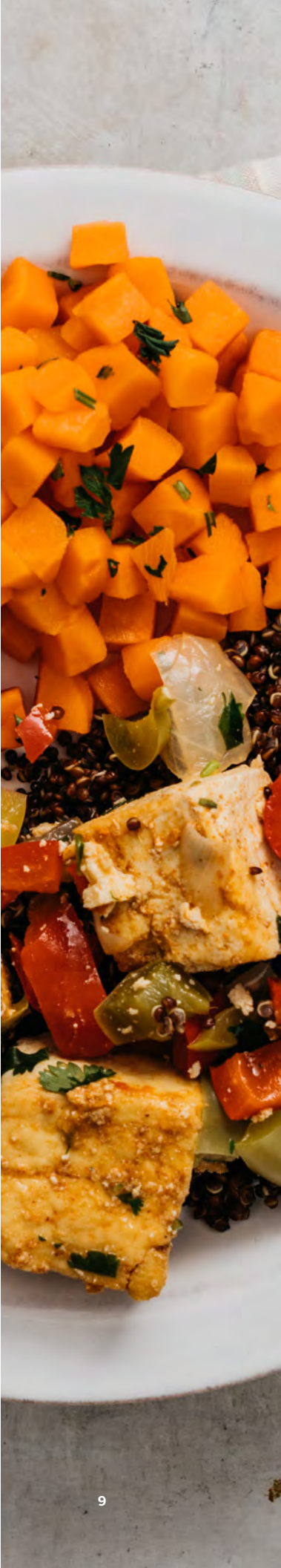


The distribution center features a 3,000-square-foot combination walk-in freezer and refrigerator, a large meal packaging area, warehouse shelving, staff offices, and a volunteer training room. It complements our Boston headquarters, where all meals are prepared from scratch by our kitchen staff and volunteers. Every week, a dedicated team of 12 full-time staff members and dozens of volunteers package and organize meals for delivery by Community Servings drivers or UPS ground shipments.

The successful launch of this facility was made possible by the generous support of the Manton Foundation, the Massachusetts Department of Agricultural Resources, and Congressionally-directed funding secured by Senators Elizabeth Warren and Ed Markey. “After securing \$580,000 in federal funding for Community Servings, it is great to see those federal dollars at work being used to serve our community,” said Senator Markey. “This new distribution center will not only help provide medically tailored and nutritious meals to more chronically and critically ill individuals and their families but also solidifies their commitment to prioritizing economic justice and health equity.”



Board Chair Peter Zane, COO Kevin Conner, CEO David B. Waters, U.S. Representative Jake Auchincloss, MDAR Commissioner Ashley Randle cutting the ribbon at the grand opening in March.



# MEDICALLY TAILORED MEALS

Medically tailored meals are meals approved by a registered dietitian nutritionist (RDN) that reflect appropriate dietary therapy based on evidence-based practice guidelines.

At Community Servings, we offer 16 medically tailored diets designed to help people improve their health through nutritionally-appropriate food scratch-made from wholesome ingredients. Diets are recommended to clients by on-staff RDNs based on a nutritional assessment and a referral by a health care provider to address a medical diagnosis, symptoms, allergies, medication management and side effects to ensure the best possible nutrition-related health outcomes.

Annually, we make and home-deliver over a million meals to thousands of individuals and families, helping them improve and maintain their health through the power of nutritious food.

## FY24 BY THE NUMBERS

1,200,000

meals prepared and delivered

a 9% increase from FY23

6,866

individuals served

a 13% increase from FY23

## OUR TEAM OF RDNS COMPLETED:



3,898

nutrition assessments

730

nutrition counseling sessions

110

nutrition education sessions



# WHO WE SERVE

One hundred percent of our clients are experiencing one or more critical or chronic illnesses. Many are experiencing poverty and managing multiple illnesses. A significant percentage identify as Black or Latin American.

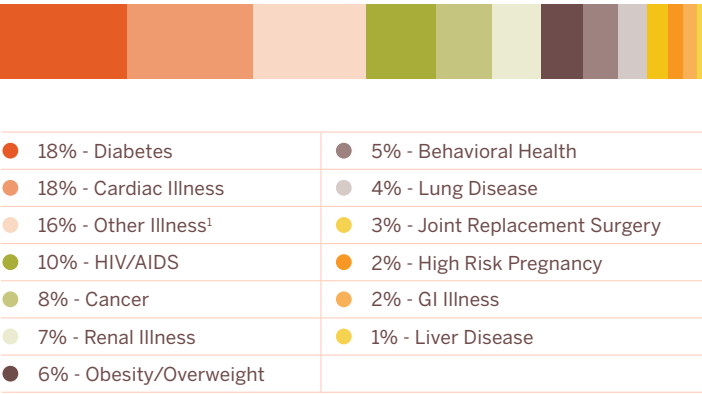
90% of clients are living under 200% of the Federal Poverty Level.

10% are experiencing unstable housing.

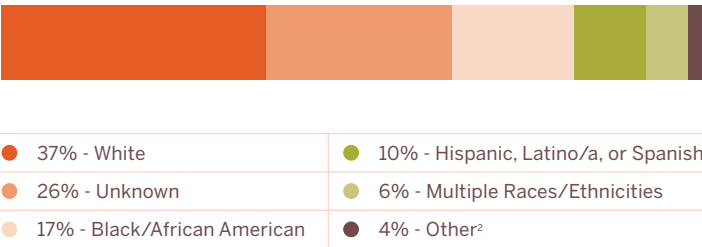
76% are over the age of 45.

6% are under the age of 18.

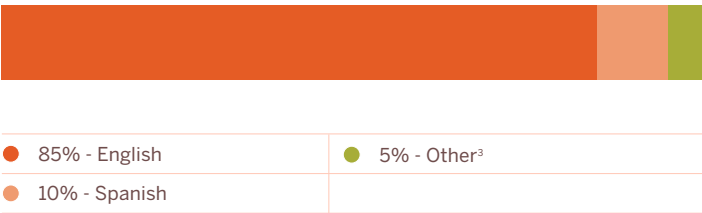
## Primary Diagnosis



## Race/Ethnicity



## Primary Language



<sup>1</sup>Other Illnesses includes: ALS, Alzheimer’s, Parkinson’s, Hepatitis C, Multiple sclerosis, Lupus, Tuberculosis, COVID-19, and other illnesses not listed above.

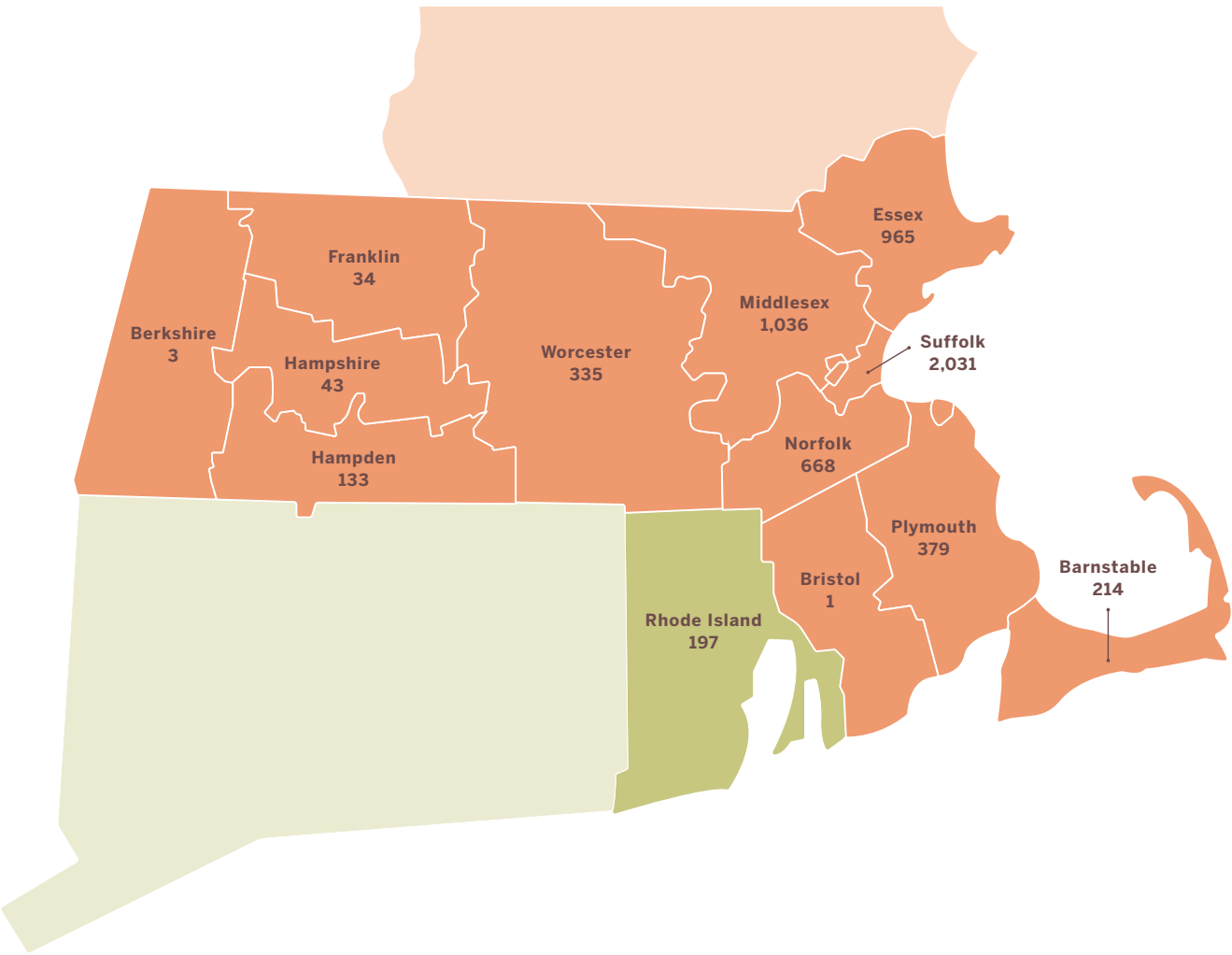
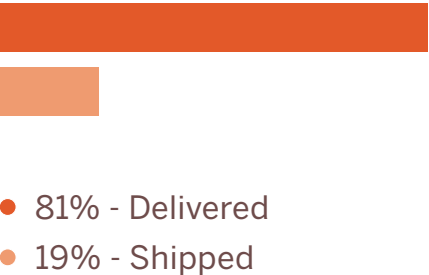
<sup>2</sup>Other includes Asian, American Indian or Alaska Native, Native Hawaiian or Pacific Islander, and Middle Eastern or North African.

<sup>3</sup>Other includes Haitian Creole, French, Portuguese, Crioulo (Cape Verdean), S.E. Asian Language, and American Sign Language.

# WHERE WE SERVE

Our dedicated team of drivers delivers medically tailored meals to clients in Greater Boston, from Suffolk County to Worcester. Clients who reside outside of our delivery area receive meals via UPS.

## How We Served



# CLIENT VOICES



Steve’s life changed drastically after a severe car accident left him with multiple health and mobility issues, including diabetes. Living in Dorchester, Massachusetts, Steve struggled with preparing nutritious meals, but his positive outlook remained strong.

Introduced to Community Servings through the Mass General Diabetes Center, Steve found consistent, healthy meals tailored to his medical needs. These meals became a lifeline, helping him manage his diabetes and improve his quality of life. “To know that I’m going to have a good meal, no matter what’s happening with different systems of my body, is a reassurance and a comfort,” says Steve.

Steve’s favorite dish, the carrot ginger soup, along with other nutritious options, has helped him maintain a balanced diet and taught him valuable lessons about portion control. As a result, he has lost 35 pounds and reduced his insulin intake by 33%. “Community Servings provides the healthy, delicious meal for me. I’m just so grateful, because it makes my life easier. . . . I’m lucky to be alive. I’m blessed to be alive. And Community Servings makes it happen for me,” Steve shares.

The meals allow Steve to focus on other aspects of his life, like spending time with his nieces and nephews, enjoying opera, and continuing his crafting hobbies. He describes the weekly meal delivery as “like Christmas,” bringing him comfort and joy each week.

# CLIENT VOICES



Chuck, 68, originally from Indian Country, OK, is a proud member of the Choctaw Nation. Now living in Massachusetts, Chuck is deeply committed to his family, especially his two grown daughters, who are his pride and joy. He’s determined to get well for their sake, despite the challenges he faces.

Chuck has diabetes and severe vascular issues, which required angioplasty to improve circulation in his leg. When he first joined Community Servings, his mobility was severely limited by a diabetic ulcer on his left foot, and his doctors feared an impending foot amputation. However, after receiving a Cardiac Diabetic diet from Community Servings, Chuck has lost over 50 pounds, and his blood sugar levels are now normal. He received the news he had been hoping for: Thanks to the nutrition intervention, he no longer faced foot amputation.

Chuck first heard about Community Servings from his care provider but didn’t reach out until he saw one of the delivery vans in his neighborhood. Since then, he’s been thrilled with the service, especially the friendly delivery person who works with him to ensure the meals are delivered with ease. “Your kitchen team has talent!” Chuck says. “I’m a soup person, and they are spectacular! The complex carbs like lentils and beans have been instrumental in helping me regulate my blood sugar.”

Chuck’s knowledge of good food, rooted in his time cooking in his family’s restaurant, makes him appreciate the care and skill that goes into every meal. “I want to finish everything I get in my delivery,” Chuck shares, grateful for the meals that have been essential to his health journey.



# HEALTHCARE CONTRACTS

Through MassHealth’s 1115 waiver and its innovative Flexible Services Program, MassHealth Accountable Care Organizations (ACOs) can partner with Community Servings to provide nutrition support in the form of medically tailored meals to members.

In FY24, we maintained contracts with 10 Accountable Care Organizations through MassHealth’s Flexible Services Program. Throughout the partnerships, we proudly provided medically tailored meals and nutrition counseling services to patients experiencing critical and chronic diet-related illnesses referred to us by our healthcare partners.

In addition to our MassHealth ACO partnerships through the Flexible Services program, we have contracts with Medicare Advantage plans, Dual Eligible plans, Commercial plans, Hospitals, Health Systems, Community Health Centers, and Provider Networks in Massachusetts and Rhode Island.

**Some of our healthcare contract partners include:**

- Blue Cross Blue Shield of Massachusetts Medicare Advantage
- Commonwealth Care Alliance - OneCare & Senior Care Options
- Community Care Cooperative
- Duffy Health Center
- Fallon – Atrius ACO
- Mass General Brigham Health Plan
- Mass General Brigham Hospital at Home
- United HealthCare
- WellSense BILH Performance Network ACO
- WellSense Care Alliance
- WellSense Community Alliance
- WellSense Southcoast Alliance

## SINCE 2020 OUR MASSHEALTH ACO PARTNERSHIPS HAVE FUNDED:

5,621

individuals served

1,141,059

meals prepared and delivered

4,549

nutrition counseling sessions

## TOTAL HEALTHCARE CONTRACTS

- 10 Accountable Care Organizations
- 2 Home Hospital Contracts
- 2 Medicaid/Medicare Contracts
- 2 Community Health Centers
- 1 Medicare Advantage Contract
- 1 Provider Network
- 1 Commercial Health Plan Contract





# THE TEACHING KITCHEN

Our Teaching Kitchen job training program provides twelve weeks of free foodservice training and life skills education to people in our community facing multiple significant barriers to employment. In addition to hands-on work experience, trainees receive comprehensive case management and job placement support, along with an earned wage.

Trainees enrolled in the program may have limited formal education, be unhoused, recovering from substance use disorder, have gaps in employment, or returning to the workforce after incarceration. Trainees range in age from 18-65 and are often single parents.

59

Trainees

71%

Graduation Rate

67%

Reporting Job Placements

100%

ServSafe® Pass Rate

*ServSafe® certification verifies basic food safety knowledge and is for individuals in food handler employee-level positions.*

“

## TRAINEE TESTIMONIALS



The 12 weeks I spent at Community Servings had a far bigger impact on me than I ever thought it would. The staff is very invested in every intern's interest and wellbeing. They consistently held me up to the standard that they've been preparing me for since Day 1. My first run in with The Teaching Kitchen felt like it would be a crash course on all things kitchen related, but this program is so much more than just that. From learning how to convey my identity and the value I offer in the first 6 weeks, to gaining the confidence to apply myself and seek new job opportunities in my last weeks. The time spent here truly prepared me for what was to come next after graduating. Now I am working in the Pastry Department at the Omni Hotel. I couldn't feel any more content and I just have to thank The Teaching Kitchen and Community Servings for showing me exactly what I'm capable of."

ALEXA, GRADUATE OF CLASS 69



The Teaching Kitchen has been a transformative experience that has prepared me with the skills and knowledge to pursue a career in the food service industry. Through the hands-on training and community-focused mission, I have not only developed invaluable culinary expertise, but also a deep sense of purpose. I am honored to graduate from this program and eager to apply what I have learned to make a positive impact in the world."

ZAC, GRADUATE OF CLASS 71

## FUNDER TESTIMONIAL

Commonwealth Corporation and the Workforce Competitiveness Trust Fund are proud to be partnering with Community Servings to provide exceptional and effective trainings to those most in need. Their long-time commitment to the community has helped a plethora of individuals move into viable jobs, creating family sustaining wages. Many have even gone on to become Executive Chefs and own their own restaurants, which is truly extraordinary! Their employer partners are equally impressive, meeting great needs in the Greater Boston area. Ultimately, all residents of the Commonwealth are beneficiaries of these impactful training programs. Keep up the great work-we look forward to many more years of working together!"

ADAM CUTLER, DIRECTOR OF THE WORKFORCE COMPETITIVENESS TRUST FUND, COMMONWEALTH CORPORATION



# VOLUNTEER

In Boston and Mansfield, we rely on the generosity of community members to help our team accomplish this critical work. Every week, hundreds volunteer their time to peel and chop fresh veggies, portion soups and salads, and pack meal bags for delivery.

Volunteers are assigned roles in our prep, packing, and packaging kitchens for a three-hour shift. On their first day, volunteers receive a 20-minute orientation and food safety training.

Delivery volunteers make a once-a-week two-hour commitment to bring meals to clients. This recurring opportunity takes place on the same day weekly to establish consistency with our clients. Volunteer meal deliveries take place Thursday and Friday, though other days may be an option.

We offer three shifts daily Monday through Friday beginning at 9 a.m., 1 p.m., and 4 p.m.

For more information about volunteering, visit [servings.org/volunteer](https://servings.org/volunteer).



## FY24 BY THE NUMBERS

**9,000+** Volunteers

**70,000+** Donated Hours

## VOLUNTEER HALL OF FAME

+ 1,000 hours

Gleitín Andujar  
 Sandi Baehrend  
 Nora Devlin  
 Hank Diamond  
 FLAG Flag Football  
 Akimi Garden  
 Oz Garinkol  
 Sabina Garinkol  
 Reynaldo Gonzalez  
 Jim Gross  
 Tricia Haynes  
 Ametha Hollins  
 Lakshmi Kailasam  
 Daniel Kelly  
 Amanda Lapham  
 Rebecca Lekowski  
 Paula Martinez  
 William M.  
 McDermott III  
 Boston Mission  
 Judith Morse  
 Liberty Mutual  
 Insurance  
 Semone Reid  
 John Tyler  
 Greg Yannekis  
 Peter Zane



# CORPORATE GROUPS

We frequently welcome corporate groups of varying sizes to work together in our kitchen. This high-impact, hands-on experience is a great way to strengthen bonds between coworkers while giving back to the community.

We hosted nearly  
**240**  
corporate groups.

They brought  
**3,581**  
volunteers.

Over  
**285**  
organizations donated  
30+ hours of service.



At Citizens, our commitment to strengthening the communities where we live, work, and serve is at the core of who we are. Our partnership with Community Servings is a perfect reflection of that commitment. Whether it's volunteering in their kitchen to prepare nourishing meals for those experiencing severe illness and food insecurity, or supporting the transformative Teaching Kitchen program that offers vital job training to individuals overcoming significant barriers to employment, our team is fully dedicated to making a lasting impact. Together, we're building healthier, stronger communities."

**Lisa Murray, Massachusetts State President at Citizens**



Our commitment to addressing health inequities impacting the communities where we live and work is central to our centuries-old values. Through our team's dedication to volunteering at Community Servings and our focus on Food is Health, we are aligned with Community Servings' mission to create long-term, sustainable change through medically tailored meals. Together, we are fostering healthier, stronger communities for the future."

**Chris Barr, head of US CSR & philanthropy, Takeda**



TJX strategically invests in nonprofit organizations that align with our mission of supporting families and children access the resources and opportunities they need to build a better future. Community Servings' work to deliver medically tailored meals to the homes of individuals, children, and families affected by nutrition insecurity and illness not only meets but surpasses our vision of this mission."

**The TJX Companies, Inc.**



# A NATIONAL LEADER IN MTM RESEARCH

**In partnership with Dr. Seth Berkowitz of the University of North Carolina School of Medicine, Community Servings has published four peer-reviewed articles.**

These studies have shown that medically tailored meals improve health outcomes, reduce healthcare costs, and improve quality of life for individuals experiencing diet-related chronic illnesses and food insecurity. These studies have been published in the scientific journals *Health Affairs*, *JAMA*, the *Journal of General Internal Medicine*, and *BMC Endocrine Disorders*.



## RESEARCH PROJECTS

### **The Food As MedicinE “FAME” Studies**

Community Servings is currently conducting three studies examining the impact of using Food As MedicinE (FAME). The studies are randomized clinical trials being conducted in partnership with researchers from Massachusetts General Hospital and the University of North Carolina School of Medicine. To date, over 350 individuals are enrolled in the FAME studies.

#### **Study 1 – FAME-D**

This study examines the impacts of medically tailored meals and structured nutrition counseling on the health outcomes of individuals living with type 2 diabetes and experiencing food insecurity.

#### **Study 2 – FAME- H**

This study examines the impacts on health outcomes of one year of one-on-one structured nutrition counseling coupled with our medically tailored meals for individuals living with HIV, experiencing food insecurity, and living with either type 2 diabetes, prediabetes, or high risk for diabetes.

#### **Study 3 – FAME- F**

Through the American Heart Association’s HealthCare x Food Initiative, and in partnership with the University of North Carolina Chapel Hill, this study examines the impacts of different meal strategies and delivery methods on 100 participants receiving medically tailored meals. It compares feeding individuals vs. households and delivery by dedicated drivers vs. commercial shipping. Key outcomes include diet quality, loneliness, food security, and satisfaction with the program

### **The FIM Evaluation Consortium**

A partnership between Community Servings, the Friedman School of Nutrition Science and Policy at Tufts University and the University of Massachusetts Medical School, this Food is Medicine project examines the impacts of medically tailored meals on obesity, diabetes control, blood pressure control, and healthcare utilization for individuals we have served through the MassHealth Flexible Services Program.

# ADVOCACY



On May 21, Jean Terranova, Senior Director of Policy and Research, testified at the Senate HELP Committee Hearing in Washington D.C., highlighting the critical role of medically tailored meals (MTMs) and the Food is Medicine movement in shaping healthcare. Jean advocated for increased research funding and expanded access to MTMs, particularly through community health centers, and emphasized the importance of integrating nutrition interventions into healthcare programs like Medicare. Other advocates included Erin Martin, Director, FreshRx Oklahoma, Dariush Mozaffarian, MD, DrPH, Director of the Food is Medicine Institute at Tufts University, and Carter Williams, CEO and Managing Principal, iSelect Fund.



On February 6, Community Servings' CEO David Waters, Sr. Director of Policy + Research Jean Terranova, and Sr. Director of Strategy + Business Development Erin DiBacco joined the Food is Medicine Coalition in Washington, D.C., to advocate for integrating medically tailored meals into healthcare policies. Our team met with Massachusetts and Rhode Island delegations, including Representative Jim McGovern (D-MA) and Chellie Pingree (D-ME), to discuss the progress of the Food is Medicine movement and the continued efforts needed to expand access to medically tailored meals.

# OUR PARTNERS

## Food is Medicine Coalition (FIMC)

Community Servings is a founding partner of the Food is Medicine Coalition, a national association of nonprofit providers of medically tailored meals and medically tailored food and nutrition services whose goal is to broaden access to these services through education, research, and advocacy.

## Food Is Medicine Massachusetts

Food Is Medicine Massachusetts (FIMMA) is a Massachusetts-based coalition of healthcare payers, providers, policy leaders, academic institutions, and community-based organizations providing a broad range of medically appropriate nutrition services, whose goal is to broaden access to these services within the state of Massachusetts.

## Tufts University

The Friedman School of Nutrition Science and Policy at Tufts University is a research partner with Community Servings. Currently, we have a pending NIH-funded research study with the Friedman School and the University of Massachusetts Medical School to examine the impacts of MTM on obesity, diabetes control, blood pressure, healthcare costs, and healthcare utilization under the MassHealth (Medicaid) Flexible Services Program.

## Tufts Food is Medicine Institute (FIMI)

Tufts Food is Medicine Institute (FIMI) is a university-wide collaborative effort based at the Friedman School of Nutrition Science and Policy, bringing together experts from across disciplines with other local and national collaborators to advance food is medicine research, training, patient care, and community and policy engagement.

## The Health Foundation of Central Massachusetts

Led by Community Servings in partnership with The Health Foundation of Central Massachusetts, the Food is Medicine for Central Massachusetts project aims to strengthen and support regional Food is Medicine providers and expand access to the home-delivered medically tailored nutrition services across the region. Project goals include building new healthcare contract relationships to expand access to medically tailored meals and leveraging regional, state and national networks to identify opportunities for expanded government funding.





# SIGNATURE & PARTNERED EVENTS

## LIFESAVER

Thanks to the generosity of our sponsors, including Presenting Sponsors MFS Investment Management and Amazon, and Michelin Chef Sponsor Takeda, our planning committee, 45 hosting restaurants, raffle donors, and many individual donors, **\$845,000** was raised for our medically tailored meals program in May.

The event began with a fabulous cocktail party at Davio's Northern Italian Steakhouse Galleria followed by intimate dinners generously donated by our friends in the hospitality industry. It was an incredible evening full of warmth and solidarity for our mission.

We are grateful for the leadership of *LifeSaver* co-chairs Jeff Bellows, Vice President Corporate Citizenship & Public Affairs at Blue Cross Blue Shield of Massachusetts; Sharon McNally, President, Camp Harbor View, Chief of Staff, Connors Family Office; and Jerome Smith, Head of Community Engagement, New England Region, Amazon.



## PIE IN THE SKY

*Pie in the Sky* began as a grassroots community bake sale that helped fund efforts to prepare and deliver hot nutritious meals to people living with HIV/AIDS. Over the decades, and with support from hundreds of Boston-area chefs, bakers, caterers, and restaurants that generously donated pies, the fundraiser has grown to become known as the “World’s Greatest Bake Sale” – selling as many as **28,000 pies** annually in support of families and individuals impacted by critical and chronic illnesses. In 2023, *Pie in the Sky* raised over **\$1M** for our medically tailored meal program.

Each donated pie is picked up from one of 50 locations across Eastern Massachusetts and enjoyed on Thanksgiving. The cost of one pie funds a week’s worth of our medically tailored meals for one of our clients.

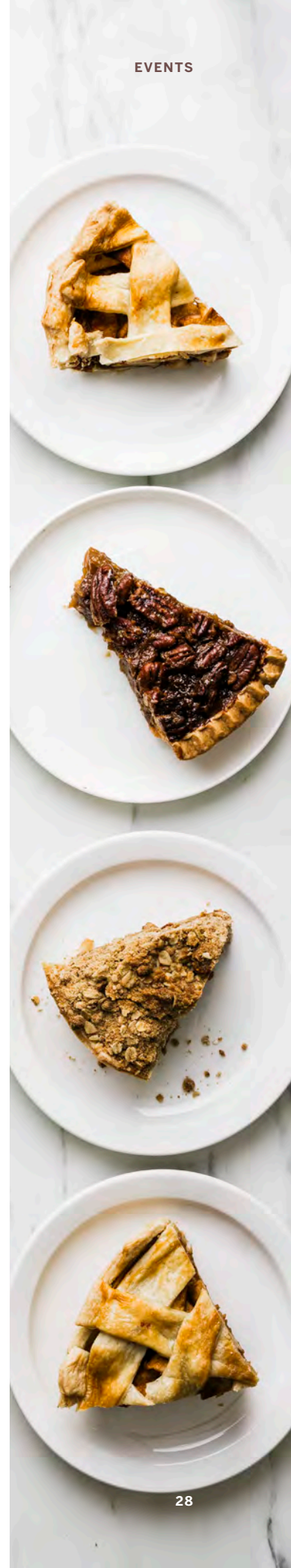
We are grateful to event co-chairs Mike Bavuso, President & CEO of Big Foot Moving and Storage, Inc., and Laura Boyd, Director of PMO at iRobot, for their ongoing support of *Pie in the Sky* and Community Servings.

### TOP SELLER

KEN TUTUNJIAN | \$78,000+ RAISED

### TOP TEAM

PIE IT FORWARD, LED BY TAMELA ROCHE | \$101,000+ RAISED







### FALMOUTH ROAD RACE

Thank you to our team of runners who hit the pavement in honor of Community Servings at the 2023 ASICS Falmouth Road Race, a historic and iconic 7-mile run along the Cape Cod shoreline that attracts thousands of athletes annually.

**\$16,700** raised



### RIDE FOR FOOD

We are grateful to the 24 walkers, riders, and runners who fundraised for Community Servings during the 12th annual Ride for Food, hosted by Three Squares New England. They raised over \$12,300 to support our medically tailored meals program, providing thousands of scratch-made meals to food- and nutrition-insecure individuals and families impacted by critical and chronic illnesses.

**\$12,300** raised



### SPREAD THE LOVE

New for 2024, Spread the Love is Community Servings' annual Valentine's Day fundraiser. In exchange for a \$35 donation, we sent personalized "Love" cards designed by friend and Boston-based artist Susy Pilgrim Waters to hundreds of honorees. Each card sold funded a week of scratch-made nutritious meals for a Massachusetts or Rhode Island resident impacted by critical or chronic illnesses like HIV/AIDS, cancer, diabetes, and more.

**\$4,800** raised



### MEALS4MOMS

We have proudly partnered with Boston-based McCrea's Candies for Meals4Moms, our annual Mother's Day fundraiser providing nourishing meals to local moms and families. In addition to McCrea's Candies and artist Susy Pilgrim Waters, Meals4Moms was sponsored by Gold Star Studios and Franklin Printing.

**\$23,600** raised



### DINNERS4DADS

Community Servings collaborated with artist Susy Pilgrim Waters and Boston-based Top Shelf Cookies for Dinners4Dads, our annual Father's Day fundraiser. Proceeds from a hand-designed greeting card and fresh-baked cookies helped our team provide local dads with two to three weeks of scratch-made, medically tailored meals. Gold Star Studios generously donated graphic design services for Dinners4Dads.

**\$13,700** raised





# PARTNERSHIP SPOTLIGHT

## TAKEDA PHARMACEUTICALS

In 2021, Takeda, a leading, values-based biopharmaceutical company and Massachusetts' largest life sciences employer, recognized the undeniable link between food and health. Understanding that poor nutrition contributes to chronic illness, Takeda sought a multiyear funding initiative with a leader who shared its vision for transformative healthcare. Community Servings stood out as a pioneer in the Food is Medicine movement, both locally and nationally. Our partnership has not just persisted, it has flourished.

Takeda's multiyear financial commitment has been a game-changer for Community Servings. They helped fuel our rapid expansion, allowing us to grow from serving 1,000 clients weekly to now reaching 2,500 individuals across Massachusetts and Rhode Island. Their support has enabled us to deliver life-changing, medically tailored meals—an intervention proven to reduce hospital admissions and significantly improve health outcomes, as *The Journal of the American Medical Association* highlighted.

But what makes this initiative exceptional is Takeda's deep, hands-on involvement. Beyond financial contributions, including a matching gift program, their employees have dedicated over 500 volunteer hours making and packaging meals in our kitchen and participated in *Pie in the Sky*, a peer-to-peer fundraising bake sale now in its 31st year. Takeda also supports Community Servings' mission by sponsoring LifeSavor, the agency's annual fundraising spring gala.

"This isn't just a transactional relationship," said Chris Barr, Head of U.S. CSR & Philanthropy at Takeda. "We're working side by side to truly address the community's needs."

Looking ahead, we are more energized than ever to continue this relationship. And with Takeda's support, we're working toward an ambitious three-year goal of delivering 4 million meals and reaching 15,000 clients by 2026. Additionally, we are expanding access to nutritious, medically tailored meals, improving health, and enhancing the quality of life for thousands of individuals and families in our communities.



We're grateful for the ongoing support of Takeda both in and out of the kitchen. From peeling fresh veggies to packing meals, their hard work and smiles helped us prepare nutritious, medically tailored meals for our clients. Thank you for being a vital part of our mission to nourish our community!





## SOURCING PARTNERSHIPS

**Our goal is to provide the freshest foods with the highest level of nutrients to our clients, maximizing the role of nutrition in their health and well-being.**

Through partnerships with local farms, purveyors, and food rescue groups, we receive fresh food that remains unsold or left in the fields. The tens of thousands of pounds of donated produce we receive each year allows us to provide our clients with beautiful meals made with local produce while reducing food waste.

Thank you to our generous partners: Bay State Milling, Boston Area Gleaners, Community Harvest Project, and Greater Boston Food Bank.

**IN FY24, WE RECEIVED OVER**

**79,900 lbs**

**OF DONATED PRODUCE.**



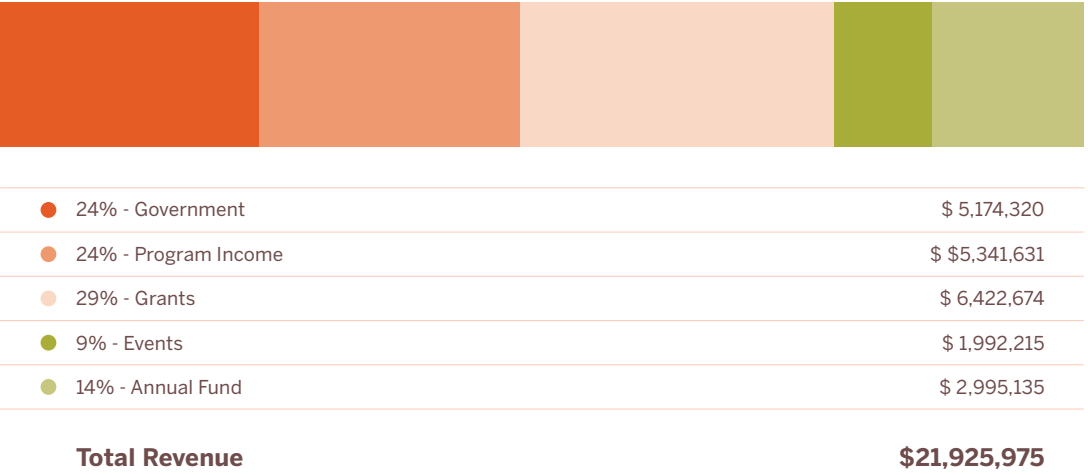




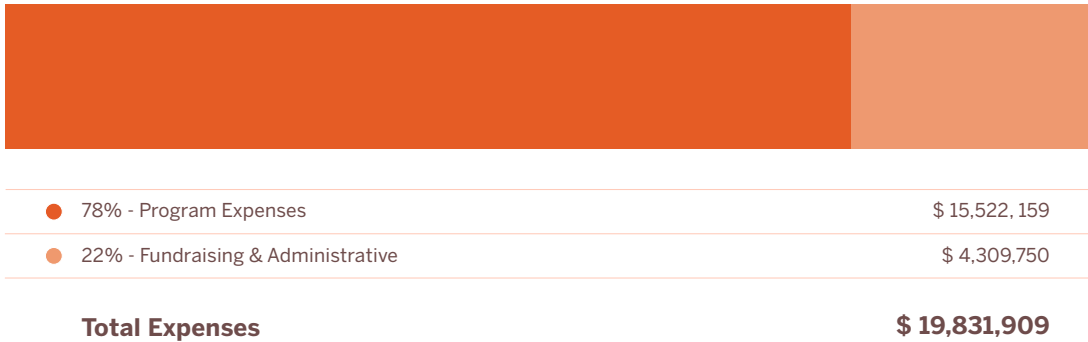
# FINANCIALS

JULY 2023 - JUNE 2024

Revenue



Expenses



\*Figures represent unaudited financials. Visit [servings.org](https://www.servings.org) for audited FY24 financial statements.



# OUR SUPPORTERS

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# WAYS TO GIVE



**VOLUNTEER IN  
OUR KITCHEN**



**MAKE A ONE-TIME  
CONTRIBUTION**



**BECOME A MONTHLY  
SUPPORTER**



**RAISE MONEY  
THROUGH OUR  
FUNDRAISING EVENTS**



**HONOR FRIENDS,  
FAMILY, OR LOVED  
ONES WITH A GIFT  
IN THEIR NAME**



**GIVE THROUGH  
YOUR EMPLOYER**



**VOLUNTEER WITH  
YOUR WORKPLACE**



**REMEMBER  
COMMUNITY SERVINGS  
IN YOUR WILL OR  
LIVING TRUST**



**JOIN THE CHEF'S TABLE  
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## For more information, contact:

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