



# Annual Report

JULY 1, 2024 - JUNE 30, 2025

35 YEARS









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35  
YEARS



# Our Mission

is to actively engage the community to provide medically tailored, nutritious, scratch-made meals to chronically and critically ill individuals and their families. We commit, in all our programs and business practices, to prioritize racial and economic justice and health equity.

We envision a world in which everyone has access to the nutritious food they need for health and wellbeing as a fundamental right, and actively engage healthcare and policy leaders to advocate for the integration of medically tailored meals into the public and private healthcare models and systems.

Since our founding in 1990, we have provided more than **14 million** medically tailored meals (MTMs) to our clients across Massachusetts and Rhode Island who are living with severe critical and chronic illnesses such as HIV, cancer, diabetes, and kidney disease.

# Letter from CEO David B. Waters

**Dear Friends,**

This past year has tested the resilience of our communities in profound ways. As the cost of living continues to rise and federal policy changes signal reductions to critical safety net programs, more individuals face the dual burden of chronic illness and food insecurity. While the full impact of these shifts is still unfolding, one thing is clear: community-based programs like ours are under increasing pressure, and our work has never been more essential.

In FY25, Community Servings responded with boldness and urgency. We launched the AMPL Institute to advance access to medically tailored nutrition through policy and leadership. Through AMPL, we are continuing our pioneering research of medically tailored nutrition and providing an innovative nutrition education course to medical students at Tufts University.

We also expanded our services to include medically tailored groceries, now available through MassHealth's Health-Related Social Needs (HRSN) Supplemental Services Program and a pilot initiative in Central Massachusetts. Funded by a grant from the Health Foundation of Central Massachusetts, the pilot offers biweekly grocery deliveries tailored to five diets and sourced from local farms. Clients also receive culturally varied recipes and access to nutrition education. This new program empowers individuals to prepare nutritious meals at home and build lasting cooking skills.





Even as demand for our services reaches new heights, with hundreds on our waitlist, we remain focused on solutions. Through a three-year grant from The Rockefeller Foundation, we are co-leading a case study to show how integrating local sourcing into medically tailored meal programs can promote health outcomes as well as economic, environmental, and social value.

None of this would be possible without the unwavering support of our community. To our donors, sponsors, funders, healthcare partners, volunteers, and fellow nonprofits—thank you. Your partnership fuels our work and sustains our clients during their most vulnerable moments. As we look ahead, we remain committed to building a future where nutritious food is recognized as essential healthcare. With your continued support, we can ensure that no one faces illness alone or hungry.



A handwritten signature in black ink that reads "David B. Waters". The signature is fluid and cursive, with the first name "David" being more prominent.

**David B. Waters**  
CEO

# FY 25 | By the Numbers



**1,221,750**

Meals Prepared and Delivered



**7,973**

Individuals Served



**4,585**

Nutrition Assessments



**647**

Nutrition Counseling Sessions



**90**

Nutrition Education Sessions



# Medically Tailored Meals & Groceries

Medically tailored meals (MTM) and medically tailored groceries (MTG) are designed by a registered dietitian nutritionist (RDN) based on nutrition standards and guidelines and an individual's medical diagnosis. Both MTM and MTG are provided in combination with nutrition counseling and education. These services benefit people with severe, chronic, or complex health needs.

Medically tailored nutrition can be part of an individual's treatment plan, just like any other medication prescribed by a doctor. MTM, in particular, can benefit people with activities of daily living limitations (e.g., difficulty going shopping or preparing foods independently).

Community Servings offers 16 medical diets designed to improve health outcomes through the provision of medically appropriate food. Diets can be customized with soft, mild, vegetarian, pescetarian, low-fiber, low-lactose, high-calorie and high-protein, and fish-free foods. The culinary team produces all entrees, soups, stews, and protein-based salads on-site in Boston, using seasonal, high-quality, and locally sourced ingredients. Chefs design the Community Servings menu to reflect a variety of culinary traditions.

Medical diets are prescribed by an RDN based on a healthcare provider referral and nutrition assessment. RDNs identify medical diagnosis, co-occurring conditions, symptoms, allergies, medication management, and side effects to ensure the best possible nutrition-related health outcomes.





## Launching Our Medically Tailored Groceries Program

In January 2025, Community Servings launched a medically tailored groceries intervention, now serving clients enrolled with Medicaid Accountable Care Organizations in the Health-Related Social Needs Program through MassHealth.

Delivered every two weeks, medically tailored groceries (MTG) are unprepared or lightly processed foods, such as produce, whole grains, legumes, and lean proteins. Clients with the ability to prepare meals independently can use MTG to cook their own medically tailored meals at home.

Community Servings' registered dietitian nutritionists design the contents of each delivery box and provide nutrition education through a recipe book and cooking demo videos. We partner with Morrissey Market on fulfillment and Growing Places to source delicious, high-quality foods from Central Massachusetts farms.

### MTG in FY25



**4,500+**

Deliveries



**90,600**

Meals Equivalent



**800+**

Clients Served

#### Available in 3 medical diets:

- Diabetic (also acceptable for Cardiac and Wellness diets)
- Vegetarian (also acceptable for Diabetes, Cardiac, and Wellness diets)
- Renal

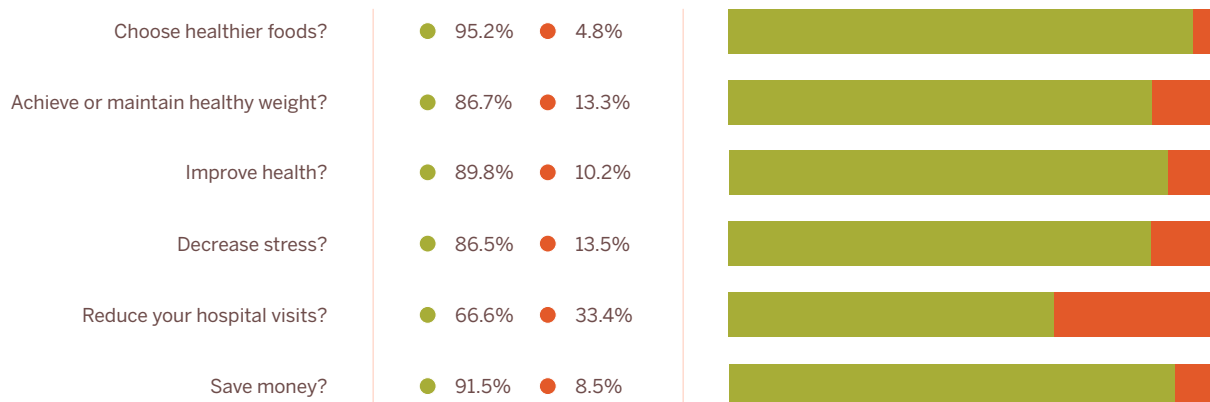
## Client Satisfaction

Every year, we conduct an anonymous client survey to hear how we're doing and how we can improve. We are so proud of our successes, and we are honored that our clients place their trust in us. Here is a snapshot of the survey findings.

Only MTM clients were surveyed this year. We are evaluating the MTG client experience through a separate project.

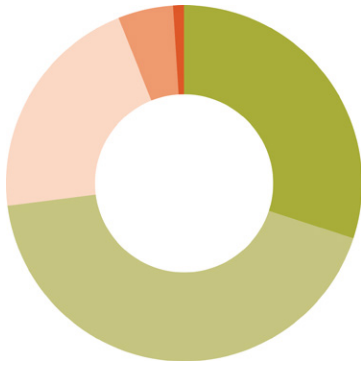
### Do you feel that participating in the meals program has helped you:

● YES ● NO



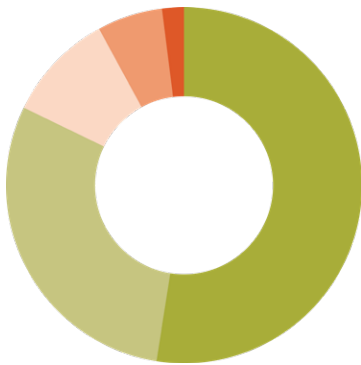
I am very pleased with the food and service. I feel that my health and overall well-being have been enhanced by Community Servings. My lab work has improved and I attribute this to the healthy meals I receive from Community Servings. The delivery staff is courteous and professional."

**A CLIENT OF COMMUNITY SERVINGS**



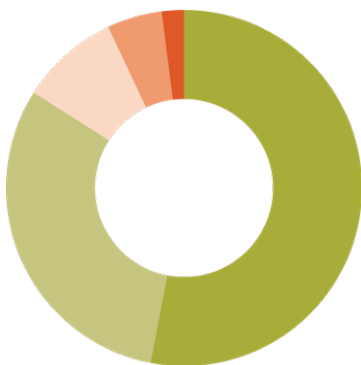
## Please rate the taste of our meals.

30% - Excellent	5% - Poor
43% - Good	1% - Very Poor
21% - Average	



## How important is it to you that the proteins (fish, beef, turkey) are raised locally in New England?

53% - Very important	6% -Not important
30% - Important	2% - Not important at all
10% - Average	



## How important is it to you that the fruits and vegetables are grown locally in New England?

53% - Very important	5% -Not important
31% - Important	2% - Not important at all
9% - Average	



# Who We Serve

One hundred percent of our clients are experiencing one or more critical or chronic illnesses. Many are experiencing poverty and managing multiple illnesses. A significant percentage identify as Black or Latin American. Almost half of the meals we prepare are delivered to families.

## Primary Diagnosis



19% - Other Illness	6% - Lung Disease
15% - Diabetes	6% - Post Surgery
10% - Cardiac Illness	5% - Behavioral Health
9% - HIV/AIDS	4% - Pregnancy Related
8% - Cancer	3% - Obesity
6% - Cardiac Disease	2% - GI Illness
6% - Renal	1% - Liver Disease

## Ages



0-18	6%
19-30	5%
31-45	16%
46-64	36%
65+	25%
80+	12%

## Race/Ethnicity



37% - White	8% - Hispanic, Latino/a, or Spanish
33% - Unknown/Not Disclosed	3% - Other Race
15% - Black/African American	3% - Multi Racial

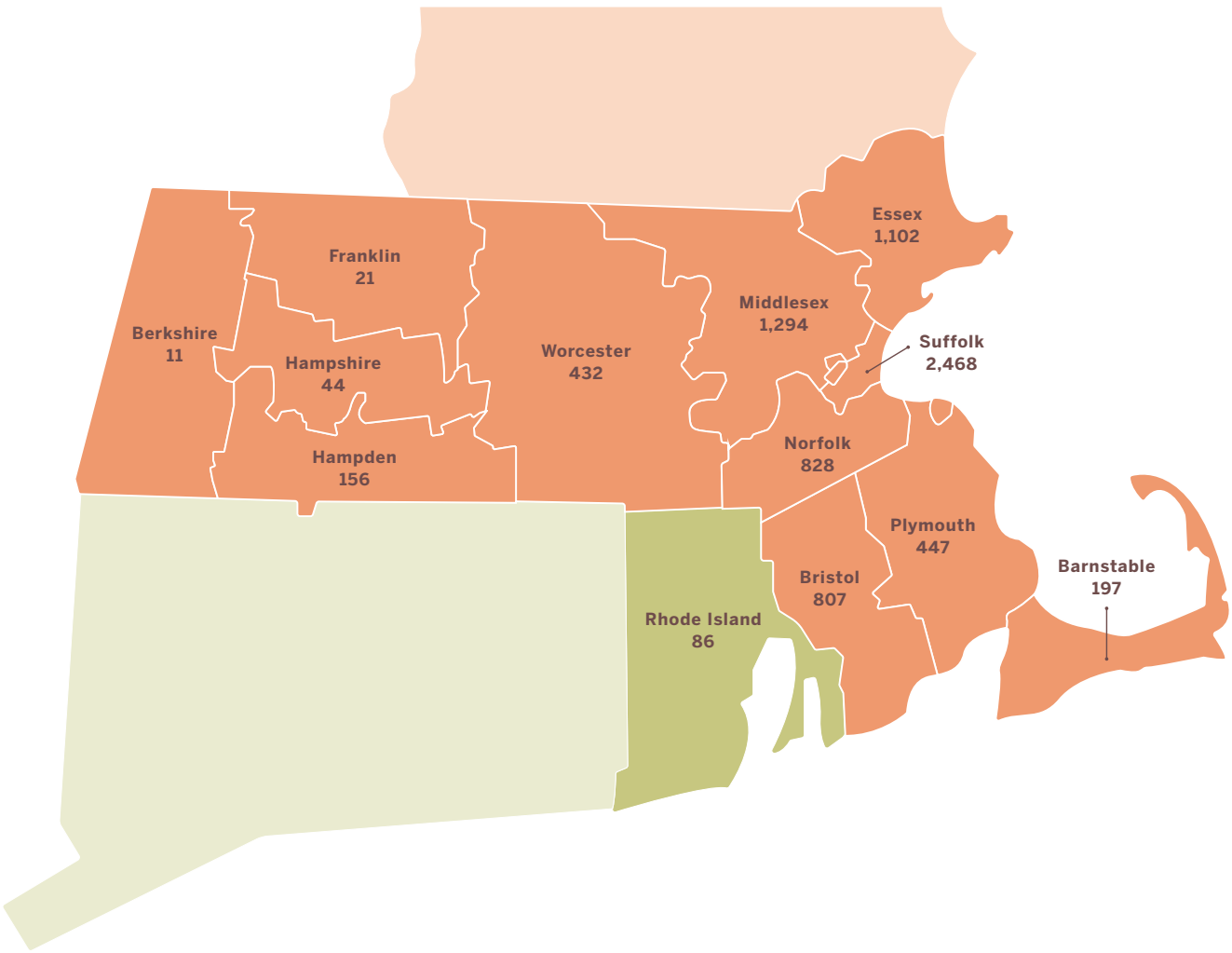
## Primary Language



85% - English	4% - Other
11% - Spanish	

# Where We Serve

Our dedicated team of drivers delivers medically tailored meals to clients from Boston to Worcester. Clients who reside outside of our delivery area receive meals via UPS.



## How We Served





## Client Voices

Last year, Caroline was diagnosed with a rare, debilitating disorder called dystonia. The symptoms started suddenly: pain in her neck so overwhelming that it caused her to fall. Now Caroline's entire life has shifted. At age 51, she left her job as a dental assistant. She lost her ability to clean the house and prepare meals. On good days, Caroline can walk with a cane and visit her neighbors up the street.

Community Servings provides Caroline meals that are delicious, fully prepared, and ready to eat. The Nutrition team designed a soft, mild diet that Caroline can eat comfortably. Managing health issues of his own, Caroline's husband receives meals, as well. She favors the breakfasts. He loves the soups. Since they started on meals, they have each lost 20 pounds.

Plus, Caroline adores her delivery driver: "He brightens my day. He asks how I'm doing, and he means it. It's not fake. He puts the meals right inside the door for me. He's a great man."

**"Knowing we're both going to be fed is lifechanging,"**

Caroline says. "And that's not an exaggeration." The meals cut down on daily stress during a season of extraordinary and unplanned transitions. "I don't know what I'd do without it," Caroline says. "It's just my husband and me. We don't have family around. But we are adapting, and I'm so thankful."



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Jay, age 48, lives in the South End of Boston. Last year, he was undergoing toxic stress at work, his depression was coming back, and his weight was nearing an unhealthy level. Jay finally found the caring support he needed, including a referral for Community Servings.

**“Every time I open a meal, I bless the people who made it,”**

he shares. “I eat everything you send me. It’s so great. Often, I don’t have energy to cook. And the cost of food is so high now.” Jay loves the variety of soups, whole grains, and plant proteins. The meals help with portion control, offering Jay a model to improve his eating habits. He also appreciates that his delivery driver is always polite and helpful.

Since Jay moved to New England eight years ago, compassion has been difficult to find. Jay often faces discrimination and hostility. “I’m Mexican, I’m gay, and I have HIV,” he says. “Unfortunately, many people have treated me so terribly. I’ve been mocked because of who I am. Nobody should be treated that way.” But in Community Servings, Jay can count on caring people who have his back. “Everyone is super friendly,” Jay shares. “You are proof there are good people in Boston. You show how honest and kind-hearted Bostonians can be. Thank you so much!”

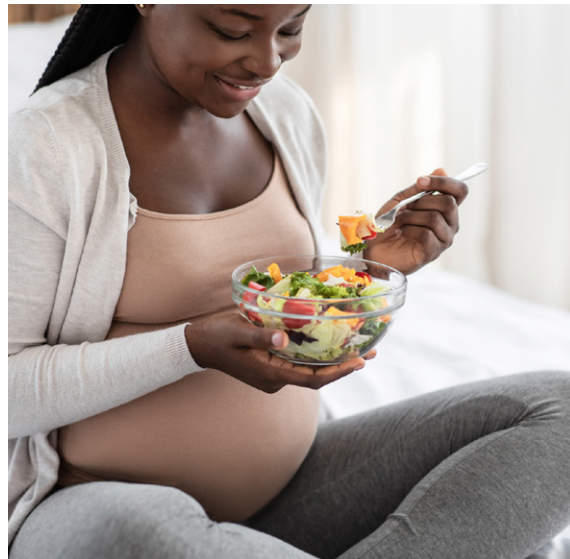


# Partnership Spotlight

## Massachusetts Attorney General's Office, Maternal Health Equity Grant Program

In 2023, Community Servings was awarded two-year funding from the Massachusetts Attorney General's Office (AGO) through its Maternal Health Equity Grant, supporting the launch of our Pregnancy Health Medically Tailored Nutrition Program in 2024. This landmark investment reflects the AGO's commitment to supporting maternal health and tackling disparities in pregnancy outcomes across the Commonwealth.

Over the course of the grant, Community Servings served **432 pregnant clients** and delivered **83,415 medically tailored meals**, ensuring that expectant and new mothers received consistent, high-quality nutrition support during pregnancy and postpartum recovery. By averaging nearly 200 meals per client, the program provided more than nourishment; it delivered stability and vital support at a critical time for families.



Community Servings' medically tailored meals are nutritionally designed for pregnancy and postpartum recovery, ensuring menus are aligned with clinical nutrition standards. We expanded culturally responsive services and multilingual nutrition counseling, making sure every client could engage with care in a way that honored their traditions, preferences, and language. Additionally, we provided comprehensive pre- and postnatal nutrition education to families, equipping them with the tools to make lasting, health-promoting choices beyond the program.

By opening the door to medically tailored nutrition for expectant and new mothers statewide, the AGO demonstrated how public investment can drive innovation in Food is Medicine and strengthen local communities. This partnership is more than a grant; it is a model of how policy and public funding can transform lives and shape healthier futures for generations to come.

## CVS Health

CVS Health has been a champion of Food is Medicine for the last five years. The company has made transformational investments to help Community Servings expand access to medically tailored meals (MTM) across Massachusetts and Rhode Island, and launch the pioneering Food is Medicine Coalition (FIMC) Accelerator, a national program dedicated to scaling MTM programs in new geographies.



CVS Health's investments in Massachusetts and Rhode Island have catalyzed the growth of Community Servings' MTM program since 2020, when we served 2,200 clients annually. During the last fiscal year, we served **7,800 clients** and delivered meals in every Massachusetts county. CVS Health deepened its commitment to Food is Medicine in 2023 when we launched our efforts in Rhode Island. In the first year, we reached more than 200 Rhode Island residents.

CVS Health's five years of funding for the FIMC Accelerator have been instrumental. A joint program of FIMC, Community Servings, God's Love We Deliver, the Nonprofit Finance Fund, and the Center for Health Law and Policy Innovation of Harvard Law School, the FIMC Accelerator has graduated 21 nonprofit organizations since 2020. CVS Health's early support of the FIMC Accelerator model, which is training community-based organizations to prepare and deliver MTM in compliance with rigorous standards, ensures that high-quality MTM interventions are accessible to the people who need them, regardless of location.

Community Servings proudly works with CVS Health to advance Food is Medicine programs. Through the company's tremendous investments, we have expanded the reach of MTM programs, nurtured new initiatives across various regions, and provided access to a service that improves health outcomes while lowering healthcare costs and utilization.



# Healthcare Contracts

Medically tailored meals improve health outcomes, reduce cost of care, and reduce chronic disease rates. That's why Community Servings partners with health plans and healthcare providers across Massachusetts and Rhode Island. Through each partnership, healthcare professionals refer qualifying individuals and reimburse Community Servings for services.

## Our healthcare contract partners include:

Blue Cross Blue Shield of Massachusetts Medicare Advantage  
Commonwealth Care Alliance - OneCare & Senior Care Options  
Community Care Cooperative  
Duffy Health Center  
Fallon – Atrius ACO  
Mass General Brigham Health Plan  
Mass General Brigham Hospital at Home  
UnitedHealthCare  
WellSense BILH Performance Network ACO  
WellSense Care Alliance  
WellSense Community Alliance  
WellSense Southcoast Alliance



## Health-Related Social Needs Program

Through MassHealth's Health-Related Social Needs Program (HRSN), 12 healthcare providers partner with Community Servings to provide medically tailored meals and medically tailored groceries to eligible patients with severe, complex, and chronic illnesses.



### Quotes from MassHealth clients:

I am Latina and love cooking my cultural meals, but I have loved all of your meals, especially the different types of grains and pasta salads. I want to cook these recipes for myself!"

The meals have been helping with my weight and hypertension. Since starting, I've been feeling more energetic and less tired."

The staff is so courteous, so kind, and so detail-oriented. They really stand out as caring, good people."

## Total Healthcare Contracts

12

Medicaid (MassHealth)  
Accountable Care  
Organizations (ACOs)

2

dual-eligible Medicare-  
Medicaid contracts

2

Medicare Advantage plans

1

home hospital programs

1

community health center

1

commercial health plan

1

hospital-based maternal  
health partner

## The Teaching Kitchen

Our Teaching Kitchen job-training program provides twelve weeks of free foodservice training and life skills education to people in our community facing multiple significant barriers to employment. In addition to hands-on work experience, trainees receive comprehensive case management and job placement support, along with an earned wage.

Trainees enrolled in the program may have limited formal education, lack permanent housing, be in recovery from substance use disorder, have gaps in employment, or be returning to the workforce after incarceration. Trainees range in age from 18-65 and are often single parents.



**72**

Trainees



**81%**

Graduation Rate



**76%**

Reporting Job  
Placements



**100%**

ServSafe®  
Pass Rate



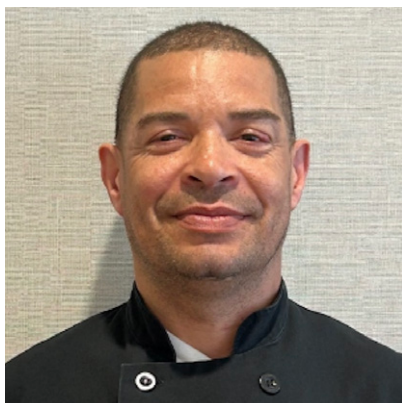


## Trainee Testimonials



**EMILY (EM) CLARK –  
CLASS 72, FIRST COOK AT  
HEBREW SENIOR LIFE**

When I started the Teaching Kitchen I was looking for a way to get out of the house during the day because living in a recovery program is anything but fun. No one talks about how life is harder to navigate after incarceration or when you're in recovery. They fail to mention it's near impossible to get a call back for an interview from a possible employer because how do you explain a 5-year gap in your work experience in a way that does not scare off an employer or give the idea that you have not been so reliable in the past. I'm not sure you can but that's how the Teaching Kitchen helped me. They gave me recent and productive work experience, current references and enough time with guided patience that helped me to become confident in my abilities and gain a few new ones. They treated me like a person and helped me build confidence in my work.



**EDIL (JUNIOR) LEBRON –  
CLASS 77, COOK AT BOSTON  
HARBOR CRUISES & ISLAND  
CREEK RAW BAR SEAPORT**

Over the twelve weeks, I built skills that went far beyond the kitchen. I learned foodservice production, professional kitchen standards, and nutrition — but more importantly, I developed confidence, structure, and purpose. Earning my ServSafe certification gave me a real sense of accomplishment, and every new skill I practiced reminded me that I was capable of growth and change. The support from the Teaching Kitchen staff made all the difference. Every step of the way, they treated me not just as a trainee, but as a person worth investing in. Looking ahead, I feel prepared for the future in a way I didn't before.



## Volunteer

In Boston and Mansfield, we rely on the generosity of community members to help our team accomplish this critical work. Every week, hundreds volunteer their time to peel and chop fresh veggies, portion soups and salads, and pack meal bags for delivery.

Volunteers are assigned roles in our prep, packing, and packaging kitchens for a three-hour shift. On their first day, volunteers receive a short orientation and food safety training.

Delivery volunteers make a two-hour commitment to bring meals to clients. This recurring opportunity takes place on the same weekday to establish consistency with our clients. Volunteer meal deliveries take place Thursday and Friday, though other days may be an option.

We offer three shifts daily Monday through Friday beginning at 9 a.m., 1 p.m., and 4 p.m.

**Learn more at [servings.org/volunteer](https://servings.org/volunteer).**



8,600+

Volunteers



65,000+

Donated Hours



## Volunteer Hall of Fame | 1,000+ HOURS

Nancy Baratta  
 Sandi Baehrend  
 Boston Mission  
 Bev Bruce  
 Hank Diamond  
 Nora Devlin  
 Margot Donohue Fronsaglia

FLAG Flag Football  
 Sabina Garinkol  
 Oz Garinkol  
 Reynaldo Gonzalez  
 Jim Gross  
 Tori Harrington  
 Ametha Hollins

Kristine Kaczor  
 Lakshmi Kailasam  
 Daniel Kelly  
 Amanda Lapham  
 Rebecca Lekowski  
 William McDermott  
 Judith Morse

Kathy Petersen  
 Carl Racine  
 Barbara Spears  
 John Tyler  
 Waynflete School  
 Greg Yannekis  
 Peter Zane



## Corporate Groups

We frequently welcome corporate groups of varying sizes to work together in our kitchen and distribution center. This high-impact, hands-on experience is a great way to strengthen bonds between coworkers while giving back to the community.

We hosted nearly **200** corporate groups.

They brought **3,371** volunteers.

Over **257** organizations donated over **30** hours of service.



Prepping ingredients and packing meals gave us a hands-on connection to the impact of our grant, allowing our team at Boston Scientific to see firsthand how the dedicated staff and volunteers at Community Servings put resources into action for their clients. Brian Hillmer, Chief Culinary Officer, was especially thoughtful in explaining the intention behind the ingredients and how they were tailored to meet specific dietary needs. We're honored to support a program that brings nourishment and dignity to the communities that need it most."

**BOSTON SCIENTIFIC**





“We love volunteering at Community Servings because it’s clear that food is powerful medicine. For people experiencing chronic or critical illnesses, medically tailored meals can be life-changing – meeting nutritional needs with food that’s also delicious. Staff and volunteers put so much heart into preparing, packaging and delivering the meals. We are honored to be a part of it.”

**STACEY MANN, DIRECTOR OF CORPORATE CITIZENSHIP, POINT32HEALTH**



“The Bank of America team is proud to have a long-term partnership with Community Servings. For the past several years, we have been bringing a team of volunteers on the second Wednesday of each month to help in the kitchen or packing area. It is so rewarding to hear our associates’ comments (especially first-time volunteers)! There is not one person who hasn’t commented on what a great organization this is, how well organized it is, or how impressed they are with the processes. Volunteering at Community Servings makes us feel like we are really helping the community in a positive and impactful way. We have had many first-time volunteers turn into regulars.”

**BANK OF AMERICA**

# The AMPL Institute

## Access to Medically Tailored Nutrition Through Policy and Leadership

Last spring, Community Servings boldly launched the AMPL Institute. We are grateful for the generous support of Takeda that made this launch possible.

AMPL's mission is to transform the healthcare system so that medically tailored nutrition becomes a universally accessible standard of comprehensive, person-centered care. To achieve this goal, AMPL focuses on research, policy, and provider education.

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## Research Projects

In partnership with the Tufts University Food is Medicine Institute, UMass Chan Medical School, the University of North Carolina School of Medicine, and others, AMPL continues our long-standing commitment to expanding the evidence base for medically tailored nutrition. Our studies have shown that medically tailored meals improve health outcomes and reduce healthcare costs for people experiencing chronic illnesses and food insecurity.



## Current Research Projects Include:

### **FAME D**

Food As Medicine for Diabetes (FAME D) is an NIH-funded R01 RCT conducted by the AMPL Institute, the University of North Carolina School of Medicine, and Massachusetts General Hospital. This study is examining the impact of increased food access on improving health outcomes of individuals living with type 2 diabetes and experiencing food insecurity.

### **FAME F**

Food As Medicine for Families (FAME F) is an RCT funded by the American Heart Association conducted by the AMPL Institute and the University of North Carolina School of Medicine. This study is examining the appropriate target of medically tailored meals (a particular individual vs. the entire household) and means of delivery (a dedicated delivery driver vs. a commercial shipper) to inform subsequent medically tailored meal trials.

### **FAME H**

Food As Medicine for HIV and Diabetes (FAME H) is an NIH-funded R01 RCT conducted by the AMPL Institute, the University of North Carolina School of Medicine, and Massachusetts General Hospital. This study is examining the impact of increased food access and a lifestyle intervention on improving health outcomes and quality of life for individuals with HIV, type 2 diabetes, prediabetes, high risk of developing diabetes, and food insecurity.

### **The FIM Evaluation Consortium**

An evaluation of the impact of medically tailored meals through Massachusetts' Section 1115 demonstration waiver, this is an NIH-funded R01 study conducted by the AMPL Institute, the Tufts Food is Medicine Institute, and UMass Chan Medical School. The goal is to assess the impact of medically tailored meals on obesity, diabetes control, blood pressure, healthcare utilization, and healthcare costs under Massachusetts' ongoing Section 1115 demonstration.

### **Food is Medicine+ Case Study**

With funding from The Rockefeller Foundation, the AMPL Institute, the Center for Nutrition & Health Impact, the Center for Health Law and Policy Innovation of Harvard Law School, and Johnson & Wales University are developing a report and supporting evaluation and educational tools documenting Community Servings' practices of sourcing foods from local farms, fisheries, and other producers.

## Medically Tailored Groceries Pilot Evaluation

With funding from the Health Foundation of Central Massachusetts, Community Servings and UMass Chan Medical School are conducting an evaluation of our medically tailored groceries program. The evaluation studies 55 Central Massachusetts residents who are managing one or more diet-related critical or chronic health conditions and are at risk of food insecurity. We will use the findings to improve the impact and efficacy of the program.

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## Advocacy

The AMPL Institute advocates for state and federal policy changes that will increase access to medically tailored nutrition for the people who need it, regardless of their illness, geography, or ability to pay. Our central policy objective is making medically tailored meals an established benefit in Medicaid and Medicare.





## Policy Priority

The AMPL Institute is advocating for the Medically Tailored Home-Delivered Meals Program Pilot Act (the MTM Bill), the best current opportunity to create access to MTM through the Medicare program. The MTM Bill was introduced in the U.S. Congress by Representative Jim McGovern (D-MA) alongside Representatives Nicole Malliotakis (R-NY), Chellie Pingree (D-ME), Dwight Evans (D-PA), and Brian Fitzpatrick (R-PA). It would establish a six-year Medicare pilot to address the link between diet, chronic illness, and the health of older adults and individuals with disabilities.

## AMPL's advocacy partners include:

### Food is Medicine Coalition

Community Servings is a founding partner and advisory board member of the Food is Medicine Coalition, the national association of nonprofit providers of medically tailored food and nutrition services.

### Food Is Medicine Massachusetts

Food Is Medicine Massachusetts (FIMMA) is a coalition of health plans, providers, policy leaders, academic institutions, and community-based organizations. FIMMA's goal is to broaden access to Food is Medicine services in Massachusetts and build a healthcare system that reliably supports and sustainably funds those services.

### Tufts Food is Medicine Institute (FIMI)

The Friedman School of Nutrition Science and Policy at Tufts University is a research partner with Community Servings. Currently, we have a pending NIH-funded research study with the Friedman School and the University of Massachusetts Medical School to examine the impacts of MTM on obesity, diabetes control, blood pressure, healthcare costs, and healthcare utilization under the MassHealth (Medicaid) Flexible Services Program.

# Signature and Partnered Events

## LifeSavor

Thanks to the incredible generosity of our sponsors—Presenting Sponsors Amazon and MFS Investment Management, Iron Chef Sponsors National Grid and Takeda—along with our dedicated planning committee, 45 hosting restaurants, raffle donors, and countless individual supporters, we raised **\$920,000** in April to support our medically tailored meals program.

The evening began with a vibrant cocktail reception at Davio's Northern Italian Steakhouse Galleria, followed by intimate dinners graciously hosted by our partners in the hospitality industry.

It was a night filled with warmth, connection, and unwavering support for our mission.

We are especially grateful for the leadership of our LifeSavor co-chairs Jeff Bellows, Vice President Corporate Citizenship & Public Affairs at Blue Cross Blue Shield of Massachusetts; Sharon McNally, President, Camp Harbor View; and Jerome Smith, Head of Community Engagement, New England Region, Amazon.

Their commitment helped make this unforgettable evening possible.





## Pie in the Sky

Pie in the Sky began as a grassroots bake sale supporting efforts to deliver hot, nutritious meals to individuals living with HIV/AIDS. Over the years, it has grown into what's now known as the "World's Greatest Bake Sale," thanks to the unwavering support of hundreds of Boston-area chefs, bakers, caterers, and restaurants who generously donate thousands of pies each year.

Today, Pie in the Sky sells up to 28,000 pies annually, raising critical funds for families and individuals impacted by chronic and life-threatening illnesses. In 2024 alone, the event raised over **\$975,000** for our medically tailored meal program.

Each donated pie is picked up from one of 50 locations across Eastern Massachusetts and enjoyed on Thanksgiving.

### Top Seller

Ken Tutunjian | \$82,190

### Top Team

Pie It Forward, Led by  
Tamela Roche | \$109,236

The cost of a single pie provides a full week of medically tailored meals for one of our clients—making every purchase a meaningful act of care.

We are deeply grateful to our event co-chairs Mike Bavuso, President & CEO, Big Foot Moving and Storage, Inc.; Laura Boyd, Director of PMO, iRobot; Alisha Collins, Director, Strategic Workforce Development, National Grid; and Alan Zall, Chief Technology Officer, VistaXM, Inc.

Their leadership and dedication continue to make Pie in the Sky—and its impact—possible.



## Celebrating Community Support All Year Long

From the scenic shores of Cape Cod to the heart of Boston, our supporters showed up in inspiring ways throughout the year to champion Community Servings' mission. These events not only raised critical funds for our medically tailored meals program—they also built community, spread awareness, and celebrated the power of giving back.



### Falmouth Road Race

Thank you to our incredible team of runners who represented Community Servings at the 2024 ASICS Falmouth Road Race. This iconic 7-mile run along the Cape Cod shoreline draws thousands of athletes annually, and our team ran with heart—raising awareness and funds to nourish neighbors with critical and chronic illnesses.



### Ride for Food

We're grateful to the walkers, riders, and runners who participated in the 13th annual Ride for Food, hosted by Three Squares New England. Together, they fundraised to support our medically tailored meals program—providing thousands of scratch-made meals to individuals and families impacted by critical and chronic illnesses.







## Community Partners

**Our goal is to provide the freshest foods with the highest level of nutrients to our clients, maximizing the role of nutrition in their fight against illness.**

Through partnerships with local farms, purveyors, and food rescue groups, we receive fresh food that remains unsold or left in the fields. The tens of thousands of pounds of donated produce we receive each year allows us to provide our clients with beautiful meals made with local produce while reducing food waste.

Thank you to our generous partners: Bay State Milling, Boston Area Gleaners, Community Harvest Project, and Greater Boston Food Bank.



In FY25, we received over



**100,000**

pounds of donated produce

### Local Sourcing Highlights

#### **13** Local and Regional Food Vendors

Our highest number to date—reflecting our growing network of community-based partners.

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#### **100%** of Fish Sourced Locally

All of our fish is purchased from local producers.

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#### **20%** of All Food Purchases Sourced Locally

A meaningful portion of our overall food spend supports local and regional farms and suppliers, helping to strengthen the local growing economy.









## Revenue



● 26% - Grants	\$ 5,606,807
● 25% - Healthcare	\$ 5,280,462
● 21% - Government Contracts	\$ 4,538,583
● 17% - Annual Fund	\$ 3,675,617
● 9% - Events	\$ 1,967,797
● 1% - Other	\$ 309,323

**Total Revenue**

**\$ 21,378,588**

## Expenses



● 83% - Program Expenses	\$ 17,574,093
● 17% - *Fundraising & Administrative	\$ 3,562,033

**Total Expenses**

**\$ 21,136,126**

\* Excludes non-cash lease expense

Figures represent unaudited financials. Visit [serving.org](https://serving.org) for audited FY25 financial statements.

# Our Supporters

Community Servings thrives thanks to the unwavering generosity of our supporters—a diverse community of individual donors, dedicated volunteers, community partners, corporate funders, creatives, event sponsors, restaurants, bakers, and more. Together, they provide the essential resources, time, and talents to serve our critically and chronically ill neighbors. Every contribution fuels our mission, turning compassion into action and hope into nourishment. We are deeply grateful for their commitment and partnership in creating a healthier, more equitable community.

## \$100,000+

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Health Foundation of  
Central Massachusetts  
Liberty Mutual Foundation  
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Public Health  
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The Manton Foundation  
The Rockefeller Foundation  
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and Urban Development

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Your promise today ensures a brighter tomorrow for  
neighbors and families experiencing illness and hunger.



Scan to learn about the benefits  
of including Community Servings'  
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VP, Community Health,  
Dana-Farber Cancer Institute

**Carol Cosenza**

Project Manager, UMASS  
Center for Survey Research

**Nora B. Devlin**

Retired

**Grace Fey**

Independent Non-profit  
Organizational Management,  
Grace Fey Advisors

**Amanda Garces**

Director, Enterprise Sales  
& Strategic Account  
Management, STAT

**Robert Greenwald**

Retired

**Dave Hamilton**

SVP, Co-Chief Technology  
Officer, Bain Capital

**Charlotte Hemr**

Retired

**Nathalie Hibble**

Attorney

**Amy Hyson & Oedipus**

Retired

**Anthony E. Hubbard**

Managing Sr. Legal Counsel  
| M&A and Complex  
Transactions, CVS Health

**Erik Jones**

Team Leader, Community  
Development Lending  
Eastern Bank

**Nancy R. Karp**

Retired

**Philip Lam**

Associate Director, Alliance  
Management at Alnylam

**Heather Lynch**

Partner, Traveler Street  
Hospitality

**Dugan Maddux, MD, FACP**

VP, Kidney Disease Initiative,  
Fresenius

**Lori Magno**

VP, Corporate Culture,  
Digitas Boston

**Catherine Matthews**

Director of Education, Old  
North Church

**Matthew McCaffrey**

SVP, Chubb

**Rick Musiol, Jr.**

Chief External Affairs Officer,  
Home for Little Wanderers

**Mehrdad Noorani**

Founding Partner, Global  
Infrastructure Partners

**Tristram Oakley**

Founder + President,  
Exceptional Company, Inc.

**Mike Ouellet**

TD Bank

**Jay Philomena**

Retired

**Shalu Ramchandani****Richard D. Olson****Colleen Richards Powell**

Chief Diversity, Equity &  
Inclusion Officer, American  
Tower

**Tamela Roche**

RE/MAX Real Estate Center

**Sara Rosenfeld**

Premiere Agent and MA  
Certified Trainer, Coldwell  
Banker Residential Brokerage,  
Sales & Training

**Sharryn Ross**

Retired

**Charles Roussel**

Consultant

**Marnie Seif**

Leadership & Career Coach

**Gary Sherr**

Investment Manager,  
Financial Planner, Carl P. Sherr  
& Co., LLC

**Fredi Shonkoff**

Executive & Leadership Coach

**Val Shulock**

Owner, Basil Tree Catering

**Nancy Smith**

Retired

**Emily Tatelbaum**

VP Consumer Insights  
& Analytics, The TJX  
Companies, Inc.

**Wayne Terrio****John Tyler**

Managing Director,  
Foundations & Endowments,  
Fiduciary Trust

**Laurence & Alexis  
Wintersteen**

Restaurateur /  
Real Estate Developer



# Our Team

## LEADERSHIP

### David B. Waters

Chief Executive Officer

### Kevin Conner

Chief Operating Officer

### Erin DiBacco

Sr. Director of Strategy &  
Business Development

### Brian Hillmer

Chief Culinary Officer

### Leigh Kalbacker

Senior Program Director

### Tim Leahy

Chief Development Officer

### Monica Molina Austin

Chief Human Resource Officer

### Jean Terranova

Sr. Director of Policy  
& Research

### Silifa Wallace

Chief Financial Officer

## ADMINISTRATION

Nathan Brown  
Joyce Cheatham  
Trevon Davenport  
Dina Dell'Olio  
Nikauris Guerrero  
Marie Jutras  
Tomas Navarro  
Vincent Tang  
Jennifer Vo

## BUSINESS DEVELOPMENT

Kate Mangiaratti  
Felicia McDevitt

## DELIVERY

Joshua Arevalo  
Jose Calva  
Avinash Kwall  
Nelson Heredia  
Warren Murray  
Jarrod Perry  
Derek Raditz  
Courtney Roach  
John Smith  
Adam White  
Larry Williams  
George Winborne  
Christopher Zambrano

## DEVELOPMENT & COMMUNICATIONS

Auriana Anderson  
Christine Ayash  
Tom Canaday  
James Flaherty  
Dave Ford  
Luis Fortes  
Elyse Guley  
Ryan Levasseur  
Shana Lothrop  
Darcy Pfeifer  
Ashley Reinhart  
Nate Ross  
Tobin Scipione  
Anna Zaharewicz

## FINANCE

Khuong Truong  
Sara Beth Zurit

## FOOD & HEALTH POLICY

Gabrielle Dedier  
Colleen Forrest  
Liz Hatzenbuehler  
Jasmine Ipince  
Katharine Newell  
Carmenmari Zaballa

## KITCHEN

Darryl Branch  
Nick Bruning  
Diego Chacon  
William Comeau III  
Jasmine Cornish  
Medardo Fernandez  
Lisa Goudreau  
Doug Koury  
Rebecca Levin  
Dianna MacPhee  
Alexx Morrison  
Alexander Marburger  
Ricardo Mercado  
Yamil Morales  
Oscar M Orellana  
Javier Rivera  
Craig Penson  
David Price  
John Russell  
Diannie Soto  
Elsa Stengel  
Jorge Torres  
Juan Vazquez  
Kayla Williamson

## MEALS PROGRAM

Barbara Baez  
Carolyn Boyd  
Jackie Carvey  
Alizah Diaz  
Nia Faulk  
Emily Gniado  
Sunibel Guerrero  
Valerie Machinist  
Rachel Nelson  
Jacqueline Nguyen  
Shennie Quintanilla  
Reynaldo Santiago  
Cashena Serieux  
Lindsay Verraster

## TEACHING KITCHEN

Jeanne Burns  
Robert Cartmill  
Allison Sequeira  
Eric Spitz

## VOLUNTEER

Vincere Matthew  
T'sera Mirescu





# Ways to Give



**VOLUNTEER IN  
OUR KITCHEN**



**MAKE A ONE-TIME  
CONTRIBUTION**



**BECOME A MONTHLY  
SUPPORTER**



**RAISE MONEY  
THROUGH OUR  
FUNDRAISING  
EVENTS**



**GIVE THROUGH YOUR  
EMPLOYER**



**HONOR FRIENDS,  
FAMILY, OR LOVED  
ONES WITH A GIFT IN  
THEIR NAME**



**VOLUNTEER WITH  
YOUR WORKPLACE**



**REMEMBER  
COMMUNITY SERVINGS  
IN YOUR WILL OR  
LIVING TRUST**



**JOIN THE CHEF'S  
TABLE MAJOR  
DONOR SOCIETY**



**For more information, contact:**

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FOOD HEALS

