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Community Servings Welcomes Seven New Members to Its Board of Directors

BOSTON (July 7, 2026) – [Community Servings](https://www.communityservings.org), a nonprofit provider of medically tailored meals and nutrition services, and a leader in Food is Medicine research, advocacy and policy, today announced the election of seven new members to its Board of Directors:

- **Kara Becker** is Corporate Communications Director at Vertex Pharmaceuticals, the Boston-based global biotechnology company. She joined Vertex in 2019 and focuses on external communications, corporate storytelling, and thought leadership.
- **Katrine Bosley** is a Venture Partner at Advent Life Sciences who has built and led multiple successful biotechnology companies. She served as CEO of Editas Medicine, a CRISPR-based genome editing company, as well as Avila Therapeutics and DaCapo Brainscience. She has also served as a director or board chair for public and private companies including Arrakis, Galapagos NV, Genocoe Biosciences, and Scholar Rock.
- **Anas El Turabi** is a Partner at McKinsey & Company, where he advises healthcare and life sciences organizations on strategy, health equity, and the future of care delivery. A physician by training, he previously practiced as an academic primary care physician and held roles with the United Kingdom's National Health Service and the RAND Corporation. He holds a PhD in Health Policy from Harvard University, where his research examined financial incentives in primary care and the economic impact of health system reforms.
- **Nathalie Hibble Higgins** is a healthcare attorney with more than two decades of experience advising hospitals and health systems on the legal and regulatory questions that shape how care is delivered. For fifteen years she served as Deputy General Counsel at a large New England hospital system, where her work spanned regulatory compliance, risk management, corporate governance, litigation strategy, and complex hospital transactions. She currently advises on healthcare governance and transition matters.
- **Ross Pascal** is Founder and Managing Partner of NewDelta Capital Partners. For more than 35 years he has been an entrepreneur, investor, and advisor across the consumer sector, working with

Fortune 500 companies as well as smaller and early-stage businesses. Prior to NewDelta, Ross founded BW Realty Advisors, strategic advisors on large commercial real estate projects, and prior to that was a corporate finance attorney. Ross has been active on not-for-profit boards over the past 3 decades.

- **Thomas Powers** is CEO of GW&K Investment Management, where he leads the firm's strategy and day-to-day operations, fostering a collaborative, high-performance culture while ensuring the firm continues to deliver exceptional value to its clients. As a partner of the firm, he chairs its Management Committee and serves on several of its operating committees.
- **Ramy Riad** is President of Takeda's Plasma-Derived Therapies (PDT) Business Unit. A global biopharmaceutical leader with more than 20 years of experience spanning strategy, finance, operations, and market access, Riad brings deep expertise in the plasma industry. He most recently served as Senior Vice President and CFO for the PDT Business Unit, where he helped shape Takeda's end-to-end plasma value chain strategy.

The appointments come as Community Servings expands to meet growing demand for medically tailored meals and as national evidence for food as medicine continues to mount.

"These seven leaders bring extraordinary depth across medicine, science, law, finance, and business, and they join us at a defining moment for our work," said David B. Waters, CEO of Community Servings. "The evidence that food is medicine has never been stronger, and demand for our meals keeps growing. Their counsel will help us reach more clients in the years ahead, sustain the philanthropy that protects our mission, and put new technology to work so we can serve more people without losing the care that defines us. I am grateful they have chosen to share their talents with our community."

"A board is at its best when its members bring both deep expertise and a real commitment to the people we serve, and this group brings both," said Sharon McNally, Chair of the Community Servings Board of Directors. "I am proud to welcome them, and I look forward to the perspective and judgment they will lend as we guide the organization through this next period of growth."

The new board members began their leadership roles with Community Servings on July 1.

About Community Servings

Founded in 1990, Community Servings' mission is to actively engage the community to provide medically tailored, nutritious, scratch-made meals to chronically and critically ill individuals and their families. We commit, in all our programs and business practices, to prioritize racial and economic justice and health equity. To help clients maintain their health and dignity, we provide culturally appropriate meals, nutrition education and counseling, and other community programs. Our kitchen team, with support from thousands of volunteers, prepares over 1.5 million medically tailored meals that are home-delivered to more than 8,000 neighbors annually across Massachusetts and Rhode Island. Community Servings is accredited by the [Food is Medicine Coalition](#). For more information about programs and opportunities to volunteer or donate, please visit www.servings.org.

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