COMMUNITY SERVINGS
FOOD HEALS



FY26 | ANNUAL REPORT

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OUR MISSION

Our mission is to actively engage the community to provide medically tailored, nutritious, scratch-made meals to chronically and critically ill individuals and their families. We commit, in all our programs and business practices, to prioritize racial and economic justice and health equity.

We envision a world in which everyone has access to the nutritious food they need for health and wellbeing as a fundamental right, and actively engage healthcare and policy leaders to advocate for the integration of medically tailored meals into the public and private healthcare models and systems.

Since our founding in 1990, we have provided more than **16 million** medically tailored meals (MTMs) to our clients across Massachusetts and Rhode Island who are living with severe critical and chronic illnesses such as HIV, cancer, diabetes, and kidney disease.






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FOOD
SERVINGS
servings.org
617.522.7777

LETTER FROM CEO DAVID B. WATERS

DEAR FRIENDS,

The demand for our interventions continues to grow.

Across Massachusetts and Rhode Island, more people are living with the combined challenges of chronic illness, food insecurity, rising costs, and uncertainty about the future. For many, nutritious food remains out of reach at the very moment it is needed most.

This year, Community Servings responded by serving more people than ever before. We delivered more than 1.5 million medically tailored meals and groceries to nearly 8,000 individuals and family members, helping our clients manage illness, improve their health, and maintain their dignity.

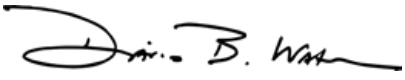
We scaled our Culinary Medicine program with Tufts University, expanded access to medically tailored nutrition through new partnerships, and launched a pilot program to serve veterans facing food insecurity and chronic illness.

At the same time, Community Servings continued to advance research that is shaping the future of healthcare. This year, researchers from the Food is Medicine Institute at Tufts University, UMass Chan Medical School, the AMPL Institute at Community Servings, MassHealth, and healthcare partners across Massachusetts published a landmark study showing that medically tailored meals were associated with fewer hospitalizations, fewer emergency department visits, and lower healthcare costs.

We also continued to support organizations across the country through the Food is Medicine Coalition Accelerator, helping nonprofit leaders launch and expand medically tailored meal programs in their own communities. As national attention to Food is Medicine grows, including coverage in *The New York Times* and NPR, we remain focused on the people at the center of this work: our clients and their families.

While we are proud of what we accomplished together this year, the need remains great. With the support of our donors, volunteers, healthcare partners, funders, and advocates, we will continue working toward a future where nutritious food is recognized as an essential part of healthcare and where no one faces illness or hunger alone.

Thank you for making this work possible.



David B. Waters, CEO



MEDICALLY TAILORED MEALS

Medically tailored meals are fully prepared and home-delivered for people with severe, chronic, or complex health needs and activities of daily living limitations (e.g., difficulty going shopping or preparing foods independently).



1,514,370
Meals Prepared and Delivered

7,674
Individuals Served

5,944
Nutrition Assessments

Meals are designed by a registered dietitian nutritionist (RDN) based on the client's health conditions to ensure the best possible nutrition-related health outcomes.

Community Servings offers 16 medical diets, which can be customized with soft, mild, vegetarian, pescetarian, low-fiber, low-lactose, high-calorie and high-protein, and fish-free foods. The culinary team produces all entrees, soups, stews, and protein-based salads on-site in Boston, using seasonal, high-quality, and locally sourced ingredients.

1,600

Nutrition Counseling Sessions

67

Nutrition Education Sessions



* Data includes medically tailored meals and groceries



MEDICALLY TAILORED GROCERIES

Medically tailored groceries (MTG) are medically appropriate and RDN-approved ingredients and recipes that empower clients to prepare medically tailored meals at home.

Groceries are shipped to clients' homes and include produce, whole grains, legumes, and lean proteins. We partner with Morrissey Market on fulfillment and Growing Places to source delicious, high-quality foods from Central Massachusetts farms.

Our MTG program serves people with chronic illnesses who are enrolled with Massachusetts Medicaid (MassHealth) Accountable Care Organizations through the Health-Related Social Needs Program.

We served over 2,100 MTG clients between January 2025 and May 2026.

90% say MTG improved health

87% say MTG decreased stress

80% say MTG reduced hospitalization

83% rate MTG recipes as excellent or good

Source: Community Servings 2026 MTG Client Survey (n=197 respondents)

MEDICALLY TAILORED FOOD PRESCRIPTIONS AND VOUCHERS

Clients use medically tailored food prescriptions and vouchers to buy minimally prepared foods and prepare healthy meals independently.

We give clients a grocery card and an RDN-designed, medically tailored shopping list and recipes. The intervention includes telephonic nutrition counseling, nutrition education, and disease management in the client's preferred language.

Our medically tailored food prescriptions and vouchers program serves people with chronic illnesses who are enrolled with Massachusetts Medicaid (MassHealth) Accountable Care Organizations through the Health-Related Social Needs Program.

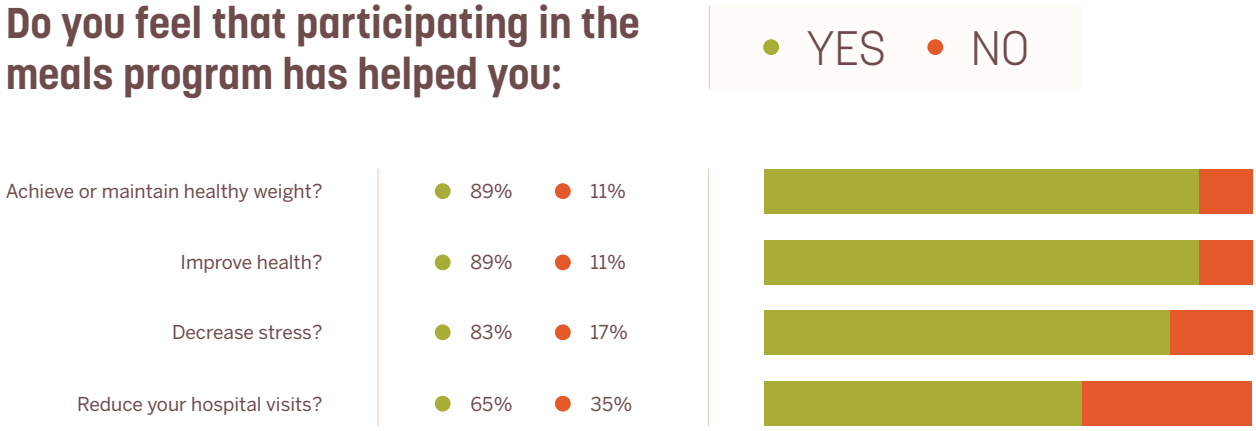
Community Servings launched this new program in June 2026. We partner with iQpay to administer the grocery card, which can be used at supermarkets, discount stores, and retail pharmacies throughout Massachusetts.



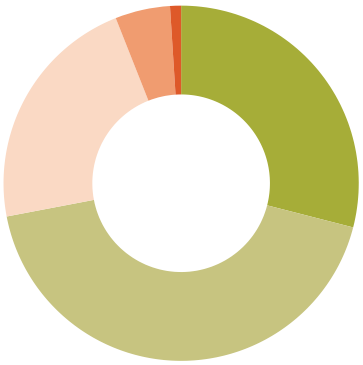
CLIENT SATISFACTION

Every year, we conduct an anonymous client survey to learn how we are doing and how we can improve. We received responses from approximately 300 individuals receiving medically tailored meals.

Do you feel that participating in the meals program has helped you:

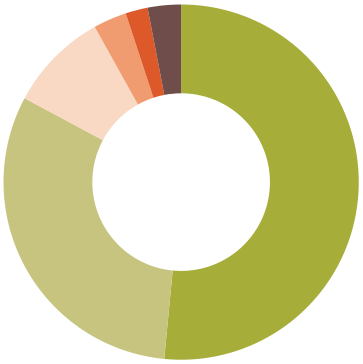


> “This program is a godsend. I would not be able to shop for and cook all these incredible meals on my own. These meals are making it possible for me to take care of my health while still living independently.”
>
> **A CLIENT OF COMMUNITY SERVINGS**



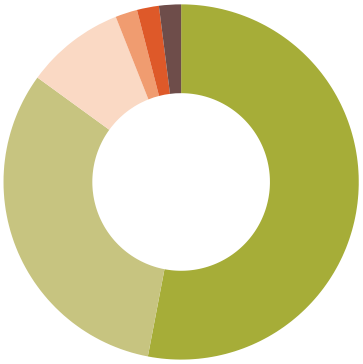
Please rate the taste of our meals.

29% - Excellent	5% - Poor
43% - Good	1% - Very Poor
22% - Average	



How important is it to you that the proteins (fish, beef, turkey) are raised locally in New England?

51% - Very important	3% -Not important
31% - Important	2% - Not important at all
9% - Average	3% - Blank



How important is it to you that the fruits and vegetables are grown locally in New England?

53% - Very important	2% -Not important
32% - Important	2% - Not important at all
9% - Average	2% - Blank

WHO WE SERVE

One hundred percent of our clients are experiencing one or more critical or chronic illnesses. Many are experiencing poverty and managing multiple illnesses. A significant percentage identify as Black or Latin American. Approximately one quarter of the meals we prepare are delivered to families.

Primary Diagnosis



16% - Cardiac Illness	6% - Renal
15% - Diabetes	6% - Behavioral Health
15% - Other	6% - Pregnancy Related
11% - Lung Disease	2% - Liver Disease
9% - Post Surgery	1% - GI Illness
7% - HIV/AIDS	1% - Obesity/Overweight
6% - Cancer	

Ages



0-18	9%
19-30	6%
31-45	16%
46-64	35%
65+	23%
80+	10%

Race/Ethnicity



37% - Unknown/Not Disclosed	9% - Hispanic, Latino/a, or Spanish
31% - White	5% - Other Race
15% - Black/African American	3% - Multi Racial

Primary Language

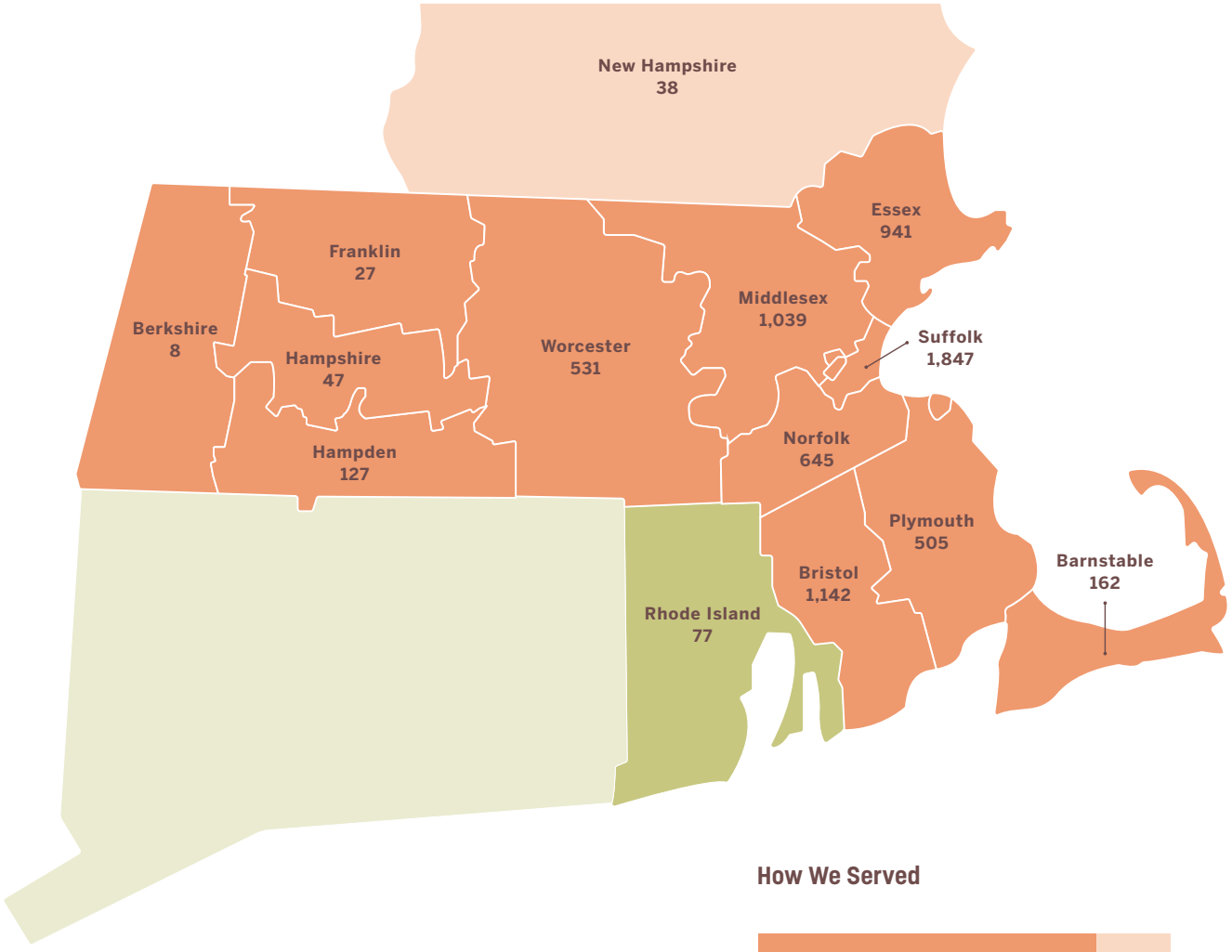


82% - English	6% - Other*
12% - Spanish	

*Portuguese, S.E. Asian Language, French, American Sign Language

WHERE WE SERVE

Our dedicated team of drivers delivers medically tailored meals to clients from Boston to Worcester. Clients who reside outside of our delivery area receive meals via UPS.



How We Served



- 82% - Delivered
- 18% - Shipped

CLIENT VOICES

ARTHUR

Arthur was a concierge at the Langham Hotel in Boston, where he welcomed guests for LifeSavor, Community Servings' fundraising gala. He never imagined that he might become a client one day.

Arthur has type 2 diabetes and chronic obstructive pulmonary disorder. The stresses of financial uncertainty and food insecurity weigh heavily on his anxiety and depression.

Since Arthur enrolled in Community Servings, his life has improved physically and mentally. "I've gone hungry before. It's a horrible way to live," he shared. **"With Community Servings giving you food that sustains you, it frees you up to accomplish more with your days. It helps you have a fuller life."**

Arthur knows food. He studied cuisine at Johnson & Wales University and later worked as a chef and restaurant manager. It's not just that the meals taste outstanding. It's the consistency of the presentation. "The reason Community Servings rises to the top is when I look at the food, I can tell someone cared," Arthur said.





JULES

Diabetes runs in Jules's family. So when she decided to have a baby, Jules committed herself to exercising, eating well, and keeping a healthy lifestyle. She was in the best shape of her life. She was shocked to discover, at 28 weeks pregnant, that she was diagnosed with gestational diabetes.

All of a sudden, Jules was working with an endocrinologist and learning to monitor her diet and blood sugar. She worried about the risks of complications and early delivery. "I was terrified," she recalled.

Everything changed when a nurse helped Jules enroll in Community Servings. The results were life-changing. Receiving meals removed the stress of meal planning. Jules maintained excellent blood sugar control. Her pregnancy continued for 40 weeks. She had a healthy birth and avoided the complications of poorly managed diabetes. "I did it!" Jules said. **"I truly felt Community Servings played a huge role."** Jules also credits Community Servings with changing her relationship with food, introducing healthy habits and portion sizes she continues to follow today.





PARTNERSHIP SPOTLIGHT

COLDWELL BANKER CARES FOUNDATION

For almost twenty-five years, the Coldwell Banker Cares Foundation and the firm's network of agents and managers throughout Eastern Massachusetts have been engaged in a myriad of volunteer activities at Community Servings. Whether it is helping in our kitchen, coordinating a robust team of Pie in the Sky sellers, or serving on our Board of Directors and Board of Advisors, Coldwell Banker agents and staff always pitch in to support our mission.

In terms of philanthropy, the Coldwell Banker Cares Foundation has a long history of providing generous sponsorships of LifeSavor and Pie in the Sky. David B. Waters, CEO of Community Servings, recently said:

> "Some of the metrics related to the 2025 Pie in the Sky speak to Coldwell Banker's financial support. They staffed 19 Pie pickup sites, handed out pies to almost 2,200 individuals and we estimate that a third of all our pies were distributed through the Coldwell Banker network. Pie in the Sky is an important fundraiser for the agency and Coldwell Banker is always with us every step of the way." **DAVID B. WATERS**





THE ROCKEFELLER FOUNDATION



For The Rockefeller Foundation, Food is Medicine starts with where the food comes from.

Since 2025, the Foundation has supported our work with a three-year, $354,000 grant to document how sourcing from small and mid-scale New England farms and fisheries benefits our clients, local producers, and the region's economy and environment. We are one of seven partners nationwide in the Foundation's effort to connect Food is Medicine programs with high-quality, locally sourced food.

We are doing this work with Harvard Law School's Center for Health Law and Policy Innovation, the Center for Nutrition & Health Impact, and Johnson & Wales University. Together we are turning our sourcing practices into a case study and practical tools that other medically tailored meal providers can use in their own communities.

This spring, the Foundation featured Community Servings in a grantee profile titled, "The Kitchen Changing American Healthcare." The story follows our clients, our kitchen, and local partners like Red's Best Seafood.

The partnership also extends to our leadership. CEO David B. Waters was selected for the Foundation's 2026 Bellagio Center Residency. Alongside 12 leaders from six continents, David spent a month at the Bellagio Center in Italy, where he began writing the story of his 36 years at Community Servings, from the early days of HIV/AIDS to our latest groundbreaking research.

> "The Rockefeller Foundation sees what we see every day in our kitchen. The right food, grown and caught here in New England, can change the course of someone's health and strengthen an entire region. We are deeply grateful for a partner willing to invest in that idea and help us share it, from Boston to Bellagio and beyond."
>
> **DAVID B. WATERS**

HEALTHCARE CONTRACTS

Medically tailored meals improve health outcomes and reduce healthcare utilization. That's why Community Servings contracts with health plans and healthcare providers across Massachusetts and Rhode Island. Through each partnership, healthcare professionals refer eligible individuals and increase access to our services.

OUR HEALTHCARE CONTRACT PARTNERS INCLUDE:

Blue Cross Blue Shield of Massachusetts Medicare Advantage
Commonwealth Care Alliance - OneCare & Senior Care Options
Community Care Cooperative
Duffy Health Center
Fallon – Atrius ACO
Mass General Brigham Health Plan
Mass General Brigham Hospital at Home
UnitedHealthCare
WellSense BILH Performance Network ACO
WellSense Care Alliance
WellSense Community Alliance
WellSense Southcoast Alliance



HEALTH-RELATED SOCIAL NEEDS PROGRAM

Through the Massachusetts Medicaid (MassHealth) Health-Related Social Needs Program, 12 healthcare delivery systems refer their eligible patients for medically tailored meals, medically tailored groceries, or medically tailored food prescriptions and vouchers from Community Servings.

CLIENT SUCCESSES

> A client with diabetes received meals and engaged in nutrition counseling with an RDN. Over six months, the client's **A1C decreased from 10 to 8.1**, and they lost over 30 pounds.

> I want to say thank you. The food you sent really helped my situation. I'm diabetic and before [medically tailored groceries], I wasn't eating right. I have breast cancer. I had 21 days of radiation. I don't have a car, so **these meals were a godsend**. I didn't have to worry about hopping on a bus to go to the grocery store and struggle carrying stuff home. Thank you so much!"

TOTAL HEALTHCARE CONTRACTS

12	Medicaid (MassHealth) Accountable Care Organizations (ACOs)
5	dual-eligible Medicare-Medicaid contracts
2	Medicare Advantage plans
2	community health centers
1	home hospital program
1	commercial health plan
1	hospital-based maternal health partner



THE TEACHING KITCHEN

The Teaching Kitchen prepares individuals facing barriers to employment for careers in the foodservice industry through a 12-week paid culinary job-training program. Combining a culinary internship, coursework, and job readiness support, the program equips trainees with the skills, experience, and confidence to build careers in foodservice.

Trainees develop technical and professional skills through hands-on instruction in our Learning Kitchen and gain real-world experience working alongside Community Servings staff in our Production Kitchen. Participants come from a wide range of backgrounds and life experiences and may face challenges such as limited formal education, housing instability, or gaps in employment.

Graduates leave with stronger workforce skills, industry-recognized certifications, and a pathway to careers in restaurants, hospitals, schools, universities, catering companies, and other foodservice settings.

45
trainees graduated

76%
job placement rate

100%
ServSafe pass rate

TRAINEE TESTIMONIALS

ELIAS, CLASS 80

My first day at Community Servings was a mix of fear and excitement. I was nervous about trying something new, but I was also excited to learn more about something I genuinely enjoyed. By the time graduation came around, I felt incredibly happy with everything I had accomplished, but also a little sad to leave one of the best places I had ever been. Community Servings helped me grow not only as a cook but also as a person.

I enjoyed every part of the program, from learning how to properly cut onions to preparing recipes I had never heard of or even seen before. Every experience taught me something new and helped me build confidence in the kitchen. I am especially grateful to Chef Eric, who taught me how to prepare different dishes, develop my cooking techniques, and understand the importance of every step in the cooking process.

Today, I work at Tatte Bakery & Café. I have continued to grow professionally and have had the opportunity to train many people, including chefs, general managers, and even a CEO. I know I would not be where I am today without Community Servings and the incredible people who helped me along the way. The program gave me a strong foundation, taught me valuable skills, and helped me turn my passion for cooking into a career.



TRAINEE TESTIMONIALS

Community Servings changed my life for the better by giving me an opportunity to grow, rebuild, and prove to myself that I am capable of more than my past may have led me to believe. It gave me more than culinary skills; it gave me confidence, purpose, structure, and the opportunity to work toward a better future.

It helped me recognize my own potential and reminded me that I still have a lot to offer. One of the most rewarding parts of the journey was seeing the difference between who I was on my first day and who I had become by my last.

One of the most important things about the program is that it gave me an opportunity rather than judging me by where I had been. It helped me focus on where I am going. Learning to cook in a professional environment and contributing to a mission that helps people in need showed me that my work can have a meaningful impact on others.

The skills and experience I gained through the program also helped open the door to my employment as a chef at Island Creek Raw Bar. Being able to take what I learned and apply those skills in a professional work environment has been an important step forward in my life. The experience didn't just teach me how to work in a kitchen. It helped me see what I am capable of, gave me a renewed sense of purpose, strengthened my confidence, and reignited my passion for the culinary field.

KYLE, CLASS 83





Coming to Community Servings really opened the door for me to take back my life and my self worth. I learned more about what kind of food and work that they do and how closely it tied into my own issues with food allergies and complicated health conditions. I can remember that every time I didn't get a recipe or something right I would hide out in the dishroom.

Chef Eric would always tell me that it's ok to get it wrong but that I shouldn't hide. I couldn't believe that I actually passed both tests and got to graduation. Now I can say that I have a wonderful job that allows me to cook and be on the water. I work for Boston Harbor City Cruises and do catering jobs on the side. I thank Community Servings for giving me a chance to have options in my life.

DANELLE, CLASS 84





VOLUNTEER

Each week, hundreds of volunteers help Community Servings prepare, pack, and deliver nourishing meals to individuals and families living with critical and chronic illnesses. From peeling and chopping fresh vegetables to packaging meals and groceries for delivery, volunteers play an essential role in advancing our mission.

Volunteer opportunities are available in both Boston and Mansfield. Kitchen volunteers support our prep, packing, and packaging teams during three-hour shifts, while delivery volunteers help bring meals directly to clients' doorsteps, creating consistency and connection for those we serve.

We offer volunteer shifts Monday through Friday beginning at 9 a.m. and 1 p.m., with a 4 p.m. shift available in Boston only. **Learn more at servings.org/volunteer.**

7,484
unique volunteers

53,812
volunteer hours

VOLUNTEER HALL OF FAME

1,000+ HOURS

Nancy Baratta
Sandi Baehrend
Boston Mission
Bev Bruce
Nora Devlin
Hank Diamond
Andrea Doane
Margot Donohue Fronsaglia
Sarah Fleckner
FLAG Flag Football
Sabina Garinkol
Oz Garinkol
Reynaldo Gonzalez
Jim Gross
Tori Harrington
Ametha Hollins
Lakshmi Kailasam
Kristine Kaczor
Daniel Kelly
Amanda Lapham
Rebecca Lekowski
Rob Lekowski
William McDermott
Judith Morse
Kathy Petersen
Carl Racine
Louise Riemer
Lori Singer
Barbara Spears
John Tyler
Waynflete School
Greg Yannekis
Peter Zane





CORPORATE GROUPS

Corporate groups of all sizes come together in our kitchen and distribution center, working side by side while building connections with colleagues and supporting our mission.

Learn more about group volunteer opportunities on our website or reach out to our Volunteer Services team at volunteer@servings.org.

326

corporate groups

2,908

shifts completed by corporate group volunteers

22

organizations donated over 30 hours of service






COMMUNITY SERVINGS
FOOD HEALS


CITIZENS
HELPING
CITIZENS




COMMUNITY SERVING
FOOD HEALS


COMMUNITY SERVINGS
FOOD HEALS



THE AMPL INSTITUTE

Access to Medically Tailored Nutrition Through Policy and Leadership

The AMPL Institute is where excellence in providing medically tailored nutrition meets pioneering research, policy work, and provider education. AMPL's mission is to transform the healthcare system so that medically tailored nutrition becomes a universally accessible standard of comprehensive, person-centered care.

THE AMPL ASSEMBLY

Every year, we host the AMPL Assembly, an in-person and virtual convening for the Food is Medicine field at Mass General Brigham in Somerville. This year's Assembly explored recent research findings, state and federal policy opportunities, and our Community-Centered Food Sourcing strategy. Speakers and panelists included Seth A. Berkowitz MD, MPH, Steven Chen MD, Katie Garfield, Kurt Hager PhD, Representative Jim McGovern (D-MA), Dariush Mozaffarian MD, DrPH, and others.





NEW IN 2026: STUDY OF MTM FINDS REDUCTIONS IN HEALTHCARE UTILIZATION AND COSTS

A landmark study published in *Nature Medicine* and co-investigated by Community Servings confirms that MTM significantly reduces hospitalizations, emergency department visits, and total healthcare costs. The study evaluated that impact of MTM for 1,866 enrollees in Massachusetts' Medicaid program.

FINDINGS

31%
fewer hospitalizations

20%
fewer emergency department visits

$3,433
lower total healthcare costs

The gross savings were substantially greater in populations with costly chronic conditions over six months:

Cardiovascular disease:	**$10,450** in savings per patient
Chronic kidney disease:	**$12,312** in savings per patient
Depression and anxiety disorders:	**$5,597** in savings per patient
Diabetes:	**$4,123** in savings per patient

CURRENT RESEARCH PROJECTS

AMPL is continuing our long-standing commitment to expanding the evidence base for medically tailored nutrition. Our studies have shown that medically tailored meals improve health outcomes and reduce healthcare costs for people experiencing chronic illnesses and food insecurity.

FAME H

What are the impacts of increased food access and a lifestyle intervention on health outcomes for individuals living with HIV, high risk of developing diabetes, prediabetes, type 2 diabetes, and food insecurity?

Partners: Massachusetts General Hospital, University of North Carolina Medical School
Funder: NIH

FARM-TO-FIM CASE STUDY

What is the value and impact of our Community-Centered Food Sourcing strategy? This Case Study will evaluate our procurement practices and promote actionable strategies for locally based Food is Medicine providers and food producers.

Partners: Center for Health Law and Policy Innovation of Harvard Law School, Center for Nutrition and Health Impact, Duke World Food Policy Center, Johnson & Wales University
Funder: The Rockefeller Foundation

MEDICALLY TAILORED MEALS AND PERINATAL HEALTH

What are the impacts of Food is Medicine interventions on maternal health outcomes? This study will survey pregnant and postpartum individuals to assess quality of life, mental health, and patient-reported outcomes.

Partners: Food is Medicine Institute at Tufts University, University of North Carolina Medical School
Funder: Anonymous funder

MENTAL HEALTH AND MEDICALLY TAILORED GROCERIES

What are the impacts of medically tailored groceries on depression and anxiety? This randomized controlled trial will focus on people living in Central Massachusetts with diagnosed depression and food insecurity.

Partners: UMass Chan Medical School
Funder: Health Foundation of Central Massachusetts

CULINARY MEDICINE

Filling a gap in traditional medical training, our Culinary Medicine Program teaches current and future healthcare providers how to use nutrition and healthy cooking for the prevention and treatment of diet-related illnesses. This hands-on course meets at Community Servings' learning kitchen and is taught by a registered dietitian nutritionist with support from professional chefs. Students include medical residents, second-year medical students, dental students, MPH students, and healthcare providers. The curriculum combines evidence-based nutrition education, basic cooking techniques, motivational interviewing and cultural competency techniques, and knowledge of Food is Medicine within public health.

PARTICIPANT QUOTES

> "I learned how to speak to patients about dietary changes and improve my own meals."

> "It opened my eyes to the challenges and simplicity of cooking for dietary restrictions."



THE NEW YORK TIMES SPOTLIGHTS OUR CULINARY MEDICINE PARTNERSHIP WITH TUFTS UNIVERSITY

The New York Times featured our culinary medicine course in reporter Kim Severson's article "Can Food Actually Be Medicine? These Doctors Say Yes."

EVENTS

LIFESAVOR

Thanks to the incredible generosity of our Presenting Sponsor, Amazon, along with our dedicated planning committee, more than 50 hosting chefs and restaurants, donors, and countless individual supporters, we raised **$855,000** to support our medically tailored meals program.

The evening began with a vibrant cocktail reception at the Mandarin Oriental, Boston, featuring remarks from Jenny Johnson, Emmy Award-winning co-host of NESN's Dining Playbook, followed by intimate dinners graciously hosted by our partners in the hospitality industry across Greater Boston. More than 600 guests joined us for a night filled with warmth, connection, and unwavering support for our mission.

We are especially grateful for the leadership of our LifeSavor co-chairs Jeff Bellows, Vice President, Corporate Citizenship & Public Affairs at Blue Cross Blue Shield of Massachusetts; Sharon McNally, CEO, Camp Harbor View and Chair of the Community Servings Board of Directors; and Jerome Smith, Head of Community Engagement, New England Region, Amazon. Their commitment helped make this unforgettable evening possible.





PIE IN THE SKY

Pie in the Sky, Community Servings' annual Thanksgiving bake sale fundraiser, brings together thousands of supporters each year to celebrate the season of giving. Thanks to the generosity of participating chefs, bakers, caterers, and restaurants, Pie in the Sky raised more than **$1.1 million** in 2025.

Nearly 28,000 pies were sold and picked up from 50 locations across Eastern Massachusetts for Thanksgiving celebrations. Each pie purchased provides a full week of medically tailored meals for a Community Servings client, making every purchase a meaningful act of care.

We are deeply grateful to our event co-chairs Mike Bavuso, President & CEO, Big Foot Moving and Storage, Inc.; Laura Boyd, Director of PMO, iRobot; Alisha Collins, Director, Strategic Workforce Development, National Grid; and Alan Zall, Chief Technology Officer, VistaXM, Inc. Their leadership and dedication continue to make Pie in the Sky, and its impact, possible.



TOP SELLER
Ken Tutunjian - Team Jill
2,482 Pies Sold

TOP TEAM
Team Pie It Forward
Captain - Tamela Roche
3,244 Pies Sold

CELEBRATING COMMUNITY SUPPORT ALL YEAR LONG

From the scenic shores of Cape Cod to the heart of Boston, our supporters showed up in inspiring ways throughout the year to champion Community Servings' mission. These events not only raised critical funds for our medically tailored meals program—they also built community, spread awareness, and celebrated the power of giving back.



FALMOUTH ROAD RACE

Thank you to our incredible team of runners who represented Community Servings at the 2025 ASICS Falmouth Road Race. This iconic 7-mile run along the Cape Cod shoreline draws thousands of athletes annually, and our team ran with heart—raising awareness and funds to nourish neighbors with critical and chronic illnesses.

$25,000+ RAISED



RIDE FOR FOOD

We're grateful to the walkers, riders, and runners who participated in the 13th annual Ride for Food, hosted by Three Squares New England. Together, they fundraised to support our medically tailored meals program—providing thousands of scratch-made meals to individuals and families impacted by critical and chronic illnesses.

$6,000+ RAISED



COMMUNITY-CENTERED FOOD SOURCING

We provide our clients with foods of superior quality, flavor, and freshness and create value in the New England food system.

IN FY26, **24%** OF OUR TOTAL FOOD SPEND WAS COMMUNITY-CENTERED FOOD SOURCING.

11

local and regional food vendors

100%

of fish sourced locally

75%

of beef sourced locally



DONATED FOODS

Through partnerships with local farms, purveyors, and food rescue groups, we receive fresh food that remains unsold or left in the fields. The tens of thousands of pounds of donated produce we receive each year allows us to provide our clients with beautiful meals made with local produce while reducing food waste. Thank you to our generous partners: Bay State Milling, Boston Area Gleaners, Community Harvest Project, and Greater Boston Food Bank.

IN FY26, WE RECEIVED

25,000+ POUNDS

OF DONATED PRODUCE FROM COMMUNITY HARVEST PROJECT



Revenue



37% - Healthcare	$ 9,856,591
26% - Grants	$ 6,990,627
14% - Annual Fund	$ 3,797,368
14% - Government Contracts	$ 3,638,029
7% - Events	$ 1,897,773
1% - Other	$ 332,463
Total Revenue	**$ 26,512,851**

Expenses



81% - Program Expenses	$ 19,535,074
19% - *Fundraising & Administrative	$ 4,692,046
Total Expenses	**$ 24,227,120**

* Excludes non-cash lease expense

Figures represent unaudited financials. Visit servings.org for audited FY26 financial statements.

OUR SUPPORTERS

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